St. Helen's Anglican Church of Canada
Diocese of New Westminster

The Reign of Christ



Presider: The Rev. Sebastian Way
Preacher: The Rev. Jeffrey Preiss
Deacon: The Rev. Jeffrey Preiss
Music Director: Dale Throness

THE GATHERING OF THE COMMUNITY

PRELUDE

Please Stand

OPENING HYMN All People That on Earth Do Dwell CP 349

GREETING AND LAND ACKNOWLEDGEMENT

The grace of our Lord Jesus Christ, and the love of God,
and the communion of the Holy Spirit, be with you all.
And also with you.

CONFESSION AND ABSOLUTION

As we gather on the traditional territory of the Musqueam people, let us turn away from sin and turn to Christ, confessing our sins in penitence and faith.

The kingdom is yours,
but we turn away from your just rule:

Kyrie eleison
Kyrie eleison **CP 706**

The power is yours,
but we trust in our own power and strength:

Christe eleison
Christe eleison

The glory is yours,
but we fall short of the glory of God:

Kyrie eleison
Kyrie eleison

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

GLORIA **Glory to God** **CP 691**

COLLECT OF THE DAY

Let us pray.

Almighty and everlasting God,
whose will it is to restore all things
in your well-beloved Son, our Lord and King,
grant that the peoples of the earth,
now divided and enslaved by sin,
may be freed and brought together
under his gentle and loving rule;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.
Amen.

Please be seated

THE PROCLAMATION OF THE WORD

THE FIRST READING Ezekiel 34:11-16, 20-24 Liz Hodgson

A reading from the Book of Ezekiel.

For thus says the Lord God: I myself will search for my sheep, and will seek them out. As shepherds seek out their flocks when they are among their scattered sheep, so I will seek out my sheep. I will rescue them from all the places to which they have been scattered on a day of clouds and thick darkness. I will bring them out from the peoples and gather them from the countries, and will bring them into their own land; and I will feed them on the mountains of Israel, by the watercourses, and in all the inhabited parts of the land. I will feed them with good pasture, and the mountain heights of Israel shall be their pasture; there they shall lie down in good grazing land, and they shall feed on rich pasture on the mountains of Israel. I myself will be the shepherd of my sheep, and I will make them lie down, says the Lord God. I will seek the lost, and I will bring back the strayed, and I will bind up the injured, and I will strengthen the weak, but the fat and the strong I will destroy. I will feed them with justice.

Therefore, thus says the Lord God to them: I myself will judge between the fat sheep and the lean sheep. Because you pushed with flank and shoulder, and butted at all the weak animals with your horns until you scattered them far and wide, I will save my flock, and they shall no longer be ravaged; and I will judge between sheep and sheep. I will set up over them one shepherd, my servant David, and he shall feed them: he shall feed them and be their shepherd. And I, the Lord,

will be their God, and my servant David shall be prince among them; I, the Lord, have spoken

Hear what the Spirit is saying to the Church
Thanks be to God.

THE PSALM Psalm 100
Jubilate Deo

Refrain:



Be joyful in God, all you lands;
worship with gladness
and come before God's presence with a song.
Know this: the Most High is God,
who made us and claims us,
who leads us and shepherds us. ***R***

Enter the holy gates with thanksgiving;
go into God's temple with praise;
give thanks and call upon the name of God.
For our God is good,
everlasting in mercy:
God's faithfulness endures from age to age. ***R***

THE SECOND READING Ephesians 1.15-23 Suzanne Windsor-Liscombe

A reading from the Letter of Paul to the Ephesians.

I have heard of your faith in the Lord Jesus and your love toward all the saints, and for this reason I do not cease to give thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. And he has put all things under his feet and has made him the head over all things for the church, which is his body, the fullness of him who fills all in all.

Hear what the Spirit is saying to the Church.
Thanks be to God

GOSPEL ACCLAMATION CP 714

Please stand

Alleluia, alleluia, alleluia. (2x)

Choir:

Blessed is the King who comes in the name of the Lord.
Peace in heaven and glory in the highest heaven.

Alleluia, alleluia, alleluia.

THE GOSPEL OF THE DAY Matthew 25.31-46

The Lord be with you.
And also with you.
The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Jesus Christ.

Jesus said, "When the Son of Man comes in his glory, and all the angels with him, then he will sit on the throne of his glory. All the nations will be gathered before him, and he will separate people one from another as a shepherd separates the sheep from the goats, and he will put the sheep at his right hand and the goats at the left. Then the king will say to those at his right hand, 'Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me.' Then the righteous will answer him, 'Lord, when was it that we saw you hungry and gave you food, or thirsty and

gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?' And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.'

"Then he will say to those at his left hand, 'You that are accursed, depart from me into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me nothing to drink, I was a stranger and you did not welcome me, naked and you did not give me clothing, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when was it that we saw you hungry or thirsty or a stranger or naked or sick or in prison, and did not take care of you?' Then he will answer them, 'Truly I tell you, just as you did not do it to one of the least of these, you did not do it to me.' And these will go away into eternal punishment, but the righteous into eternal life."

The Gospel of Christ.
Praise to you, Lord Jesus Christ.

Alleluia, Alleluia, alleluia

THE SERMON The Rev. Jeffrey Preiss

AFFIRMATION OF FAITH

Please Stand

We join Christians across time and place
as we affirm our faith in God our Creator.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

THE PRAYERS OF THE COMMUNITY

INTERCESSIONS David Van Blarcom

Please stand, sit or kneel for prayer

THE EXCHANGE OF THE PEACE

To crown all things there must be love, to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.

The peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

As the altar is prepared for Holy Communion, the Congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN Lord, Whose Love in Humble Service CP 585

THE PRAYERS OVER THE GIFTS

Let us pray.

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.
Blessed be God for ever.

Blessed are you, Lord God of all creation,
Through your goodness we have this wine to set before you,
Fruit of the vine and work of human hands.
It will become for us the cup of salvation
Blessed be God forever.

Eternal God, by your grace you have raised us up
and enthroned us with Christ in the heavenly realms.
Receive all we offer you this day,
and lead us in those good works
for which you have created us.
We ask this in the name of Jesus Christ the Lord.
Amen.

THE EUCHARISTIC PRAYER

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them up to God.
Let us give thanks to the Lord our God.
It is right to give thanks and praise.

And now we give you thanks
because you anointed Jesus Christ, your only Son,
as priest and King.
Crowned with thorns, he offered his life upon the cross,
that he might draw all people into that kingdom
where he now reigns in glory.

And so with angels and archangels
and all the heavenly host,
we proclaim your glory
and join their unending hymn of praise

SANCTUS CP 694

We praise and bless you, loving Creator,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Lord, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:
Christ has died:
Christ is risen:
Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes

and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with St Mary, the Mother of God,
St Helen and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, Almighty God,
for ever and ever.
Amen.

THE LORD'S PRAYER

Let us pray with confidence as our Saviour has taught us:

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,

now and for ever. Amen.

BREAKING OF THE BREAD

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

The Gifts of God for the People of God.
Thanks be to God.

AGNUS DEI CP 701

COMMUNION
Dipping the host into the chalice (intinction) is not permitted in this diocese. If you wish to receive a blessing rather than Holy Communion, please indicate this by placing your right hand over your heart.

COMMUNION HYMNS	Fairest Lord Jesus	CP 619
	King of Glory, King of Peace	CP 345

THE SENDING FORTH OF THE COMMUNITY

PRAYER AFTER COMMUNION

Please Stand

Let us pray.

Stir up, O Lord,
the wills of your faithful people;
that they, plenteously bringing forth the fruit of good works,
may by you be plenteously rewarded;
through Jesus Christ our Lord.
Amen.

BLESSING

Christ our exalted King pour upon you his abundant gifts
and bring you to reign with him in glory;

and the blessing of the living God:
the Source of all being,
the eternal Word and the Holy Spirit,
be among you and remain with you always.
Amen.

DISMISSAL

Proclaim Christ Jesus as Lord and make disciples of all nations.

Go in the peace of Christ.
In the name of Christ. Amen.

CLOSING HYMN The Kingdom of God is Justice and Joy CP 631

POSTLUDE

Please remain seated for the postlude. The community disperses in silence. In respect of those who may linger in contemplation, conversation is reserved for the narthex.

UPCOMING EVENTS AT ST. HELEN'S

Join us for our Sunday Worship on November 29th, 2026

Book of Common Prayer | at 8:00 am
This is a simple yet deep spoken celebration of the Eucharist using the traditional Book of Common Prayer.

Choral Eucharist | at 10:00 am
This is a modern Eucharist service, with choral music sung by the St. Helen's Choir.

Tuesday Eucharist at 12:15 pm
A simple service of spoken Eucharist is held each Tuesday at 12.15 pm.

Advent Programs
Candlelit Evening Prayer | Tuesdays at 7:00 pm

The Wisdom Way of Knowing Book Circle | Wednesdays at 7:30 pm (Replaces Wednesday Contemplative Prayer)

Advent Carol Service | Sunday December 6th at 10 am

Christmas Concert | Saturday December 19th at 7 pm

Collection changes

We are trying a new approach to our Sunday collections. Since some people, particularly visitors, may find the passing of the collection plate during the Offertory to be intrusive or confusing, we will for a trial period have the plate ready to take a retiring collection at the end of the service. Please leave your offering in the plate when you leave church after the service.

Faith Formation Series On Hold

After today's session, our morning discussion group will be on hold for Advent and Christmas. We will resume in the new year.

Stewardship Letters and Pledge Cards

As we continue our month of stewardship, packages have been sent by post to members of our congregation for whom we have postal addresses. For others, marked envelopes have been left in the narthex - please take your envelope home with you!

Advent Book Circle

Wednesdays Nov 25, Dec 2, 9 + 16 at 7:30pm at St Helen's
This Advent, join us for discussion of the history and practice of contemplative prayer, prompted by Cynthia Bourgeault's The Wisdom Way of Knowing. The evening will include meditation and silent prayer. Copies of the book may be purchased online (look for second hand copies). If purchasing a book poses financial difficulty, please contact Rev. Sebastian Way at rector@sthelensvancouver.com
Please email St. Helen's office to rsvp: office@sthelensvancouver.com

Neighbourhood Ministry Shopping List for this Week

St. Helen's is one of four parishes in the West Point Grey neighbourhood supporting this important ministry to provide conversation, food, essential supplies, and other forms of care to our street-involved neighbours. Once a month our parish prepares food and packets of essential supplies for a team of volunteers to distribute on their rounds every Saturday morning.

We are grateful for the donations of supplies we receive on a regular basis. The Ministry has compiled a list of essential items to include in their packets. This month we would especially appreciate donations of **men's socks**, **small cans of tuna** (with pull tabs), and **Boost or Ensure**.

Other staples needed on a regular basis include:
Juice boxes
Fruit or pudding cups
(We have more than enough granola bars for the moment, thanks!)

Donations can be placed in the NM bins under the table in the narthex.

We would also appreciate volunteers to prepare sandwiches and/or boiled eggs for the **September 26** and **October 24** outings (sign-up sheet in the narthex).

If you have questions or would like to volunteer, please email Shawn at deraaf@gmail.com.

We appreciate your support for our neighbours in need!

Intercessor Prayer Requests

Prayers for:
Diane
Ade (pron: Adee)
Liz
Ruth
Lois

Volunteers Today

Readers: Liz Hodgson, Suzanne Windsor-Liscombe
Chalice Bearers: Suzanne & Rhodri Windsor-Liscombe
Counter: Lynn Raymond
Zoom: Lynn Raymond

Scripture Readings for Next Week

The First Sunday of Advent

First Reading: Isaiah 64.1-9
Psalm: Psalm 80 1-7, 16-18
Second Reading: 1 Corinthians 1.3-9
Gospel: Mark 13.24-37

How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

- Set up a Pre-Authorized Donation - simply send an email to sthelenswpg@gmail.com to get started or change your amount
- Donate via Interac e-transfer to sthelenswpg@gmail.com
- Scan the QR code to the right or visit https://sthelensvancouver.com/give to donate via credit card
- Use one of the envelopes available at the back of the church by the offering plate to donate via cheques or cash

Office Hours

Tuesday, 09:00am-5:00pm
Wednesday, 09:00am-5:00pm
Friday, 09:00am-5:00pm

Connect with us:

Office Administrator: **Zayd Mia** | office@sthelensvancouver.com | 604-224-0212
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Deacon: **The Rev. Jeffrey Preiss** | deacon@sthelensvancouver.com