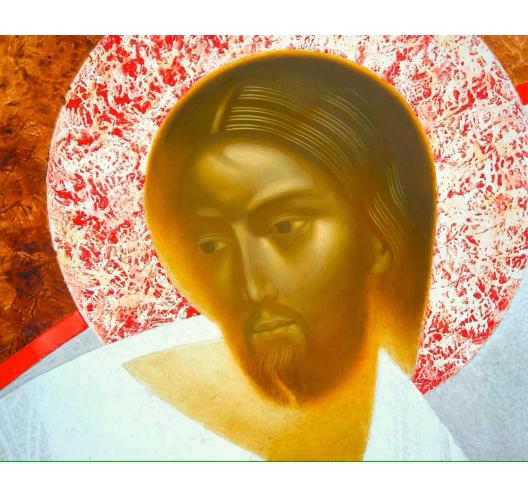
# Maundy Thursday 28 March, 2024



## St. Helen's Anglican Church of Canada Diocese of New Westminster

The Reverend Mark Munn

#### THERING IN GOD'S NAME

ENING HYMN Great God Your Love Has Called Us Here

CP 442

[Blue Book of Common Prai

#### EETING

Blessed be God: Father, Son and Holy Spirit.

Blessed be God's kingdom, now and for ever.

The grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

And also with you.

celebrant invites people to observe the Pashcal mysteries over the next three days.

On this night we begin the Great Three Days of our Lord's passion, death and resurrection, the journey from the supper table to the cross, from the cross to Easte dawn.

This is the night when Christ the Lamb of God gave himself into the hands of those v

We are followers in his way, exploring his truth, encountering his life.

would betray him.

This is the night when Christ gathered with his disciples in the upper room.

This is the night when Christ gathered with his disciples in the upper room.

This is the night when Christ our Lord gave us this holy feast, that as we break the bread and drink the cup, we may here proclaim his holy sacrifice, and come at the lato his table in heaven.

This is the night when Christ took a towel and washed the disciples' feet, showing us how to honour and serve one another in love. This is the night for watching and pray

We give ourselves freely to the demands of these great days, confident that those we die in Christ will surely live with him.

#### IPTURE SENTENCE

JOHN 13:34

'I give you a new commandment,' says the Lord,' that you love one another. Just as have loved you, you also should love one another.

#### YER OF APPROACH

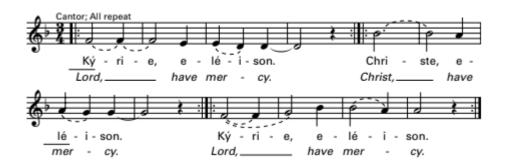
Almighty God,

to whom all hearts are open all desires known,

and from whom no secrets are hidden:

cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

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#### NFESSION & ABSOLUTION

Dear friends in Christ,

God is steadfast in love and infinite in mercy;

God welcomes sinners and invites us to this table.

Let us confess our sins, confident in God's forgiveness.

The Silence is kept

#### Most merciful God,

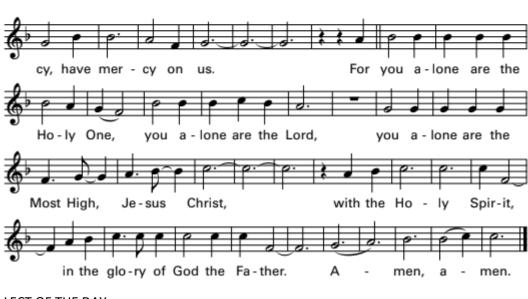
name. Amen.

We confess that we have sinned against you in thought, word, and deed, by what have done, and by what we have left undone. We have not loved you with our wh heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your

Almighty God have mercy upon you, pardon and deliver you from all your sins, confi and strengthen you in all goodness, and keep you in eternal life; through Jesus Chris our Lord. **Amen.** 

#### **MN OF PRAISE**





#### LECT OF THE DAY

O God, your love was embodied in Jesus Christ, who washed the disciples' feet on the night of his betrayal: wash us from the stain of sin, so that, in hours of danger, we may not fail, but follow your Son through every trial, and praise him always as Lord and Christ, to whom be glory, now and for ever. **Amen.** 

E LITURGY OF THE WORD ST READING

EXODUS 12:1-4,11-14

A reading from the book of Exodus

The LORD said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the who congregation of Israel that on the tenth of this month they are to take a lamb for ea family, a lamb for each household. If a household is too small for a whole lamb, it sh join its closest neighbor in obtaining one; the lamb shall be divided in proportion to number of people who eat of it. This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is to the people who eat of it.

sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is to passover of the LORD. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on the gods of Egypt I will execute judgments: I am the LORD. The blood shall be a sign

you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt. This day shall be a day of remembrance for you. You shall celebrate it as a festival to the LORD; throughout you generations you shall observe it as a perpetual ordinance.

Hear what the spirit is saying to the church.

Thanks be to God.



I love you, O God, because you have heard the voice of my supplication, because you have inclined your ear to me whenever I called upon you. **R.** 

How shall I repay you, O God, for all the good things you have done for me? I will lift up the cup of salvation and call upon your name, O God. *R*.

I will fulfil my vows to you, O God, in the presence of all your people. Precious in your sight, O God, is the death of your servants. **R.** 

O God, I am your servant;
I am your servant and the child of your handmaid;
you have freed me from my bonds.
I will offer you the sacrifice of thanksgiving
and call upon your name, O God. *R*.

I will fulfil my vows to you, O God, in the presence of all your people. In the courts of God's house, in the midst of Jerusalem. **R.** 

OND READING

1 Corinthians 11:23–26

A reading from the letter of Paul to the Corinthians

night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenain my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

For I received from the Lord what I also handed on to you, that the Lord Jesus on the

Hear what the spirit is saying to the church.

Thanks be to God.

HOLY GOSPEL

JOHN 13:1–17,31B–35

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Jesus Christ.

from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Sin Iscariot to betray him. And during supper Jesus, knowing that the Father had given a things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he

Now before the festival of the Passover, Jesus knew that his hour had come to depa

poured water into a basin and began to wash the disciples' feet and to wipe them we the towel that was tied around him. He came to Simon Peter, who said to him, "Lord are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet."

Jesus answered, "Unless I wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "Own who has bathed does not need to wash, except for the feet, but is entirely clean. An

you are clean, though not all of you." For he knew who was to betray him; for this reason he said, "Not all of you are clean."

After he had washed their feet, had put on his robe, and had returned to the table, I said to them, "Do you know what I have done to you? You call me Teacher and Lord and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. you know these things, you are blessed if you do them. When he had gone out, Jesu said, "Now the Son of Man has been glorified, and God has been glorified in him. If the base been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, 'Where I am going, you cannot come.' I give you new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MON The Rev Mark Muni

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THE REV Mark Ma

FEET WASHING CEREMONY

e celebrant will introduce the ceremony of feet washing, and invite people to participate be shing one another's feet.

Beloved in Christ, we have heard that, on the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. I therefore invite you, to come forward, that we may recall whose servants we are, remembering his teaching that what will be done for us is also to be done for others.

following hymn is sung by the choir during the washing of feet .

Ubi Caritas CP 553

#### PRAYERS OF THE PEOPLE

Merciful God, on this, the night he was betrayed, your Son Jesus Christ washed his disciples' feet. As we commit ourselves to his example of love and service, teach us humility.

God of grace,

hear our prayer.

On this night, Jesus prayed for his disciples to be one. Tonight we pray that we and a people of this earth may know that we are one.

God of grace,

hear our prayer.

On this night, Jesus commanded his friends to love, but he suffered rejection himsel As we open our hearts to the rejected and the unloved, fill us with your love.

God of grace, hear our prayer.

On this night, Jesus reminded his people that, if the world hated them, it had hated him too. As we face our own fears, we pray for those who are persecuted for their faith or their politics; give us your peace.

God of grace,

hear our prayer.

On this night, Jesus loved his friends to the very end. As we open our hearts to all who face darkness tonight, we pray for the sick, those who mourn, those trapped by violence, addiction, or pain: give them healing and hope.

God of grace, hear our prayer.

Faithful God, these are our prayers

We offer them trusting and hoping in you.

Hear and help us, challenge and change us, through Jesus Christ our Lord. Amen.

ase stand as you are able.

#### **PEACE**

The peace of the Lord be always with you.

And also with you.

e people greet one another with signs of God's peace.

OFFERTORY

the altar is prepared for Holy Communion, the congregation is invited to make an offering expression of gratitude for God's generosity. A QR code is provided at the back of the leaf those who prefer to donate online. During the collection, a hymn is sung.

FERTORY HYMN Jesu, Jesu, Fill Us With Your Love

CP 504

### E HOLY COMMUNION

AYER OVER THE GIFTS

Blessed are you, Lord, God of all creation.

Through your goodness we have this bread to offer, which earth has given and human hands have made.

It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord, God of all creation.

Through your goodness we have this wine to offer.

Fruit of the vine and work of human hands,

it will become our spiritual drink

Blessed be God for ever.

#### GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Eternal God, Source of all being,

we give you thanks and praise for your faithful love.

You call us into friendship with you and one another to be your holy people, a sign of your presence in the world.

When those we trust betray us, unfailingly you remain with us.

When we injure others,

you confront us in your love and call us to the paths of righteousness.

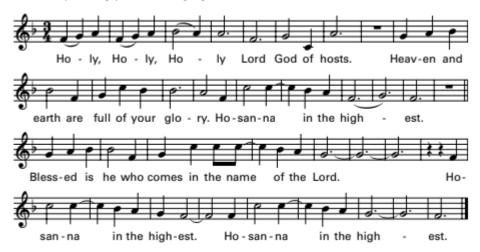
You stand with the weak, and those, broken and alone,

whom you have always welcomed home,

making the first last, and the last first.

Therefore we raise our voices with angels and archangels,

forever praising you and singing:



Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope.

When Joseph was sold into bondage,

you turned malice to your people's good.

When you called Israel out of slavery,

you brought them through the wilderness into the promised land.

When your people were taken into exile

you wept with them by the river of Babylon and carried them home.

Restore us, O God, let your face shine!

At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed.

Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria and offered her the water of new life.

Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you.

Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope. Dying you destroyed our death, rising you restored our life.

Lord Jesus, come in glory.

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers.

When we are broken and cast aside, embrace us in your love.

#### Restore us, O God, let your face shine!

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever.

Amen.

#### E LORD'S PRAYER

As our Saviour taught us, let us pray,

Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and for ever. Amen.

#### E BREAKING OF THE BREAD

"I am the bread of life," says the Lord.

"Whoever comes to me will never be hungry;

Whoever believes in me will never thirst."

Taste and see that the Lord is good;

Happy are they who trust in him!

#### ITATION TO HOLY COMMUNION

The gifts of God for the people of God

Thanks be to God

#### RITUAL COMMUNION

With those who are unable to receive the Eucharist at this time, remember these words of Jesus from the gospel of John: "I am the bread of life. Whoever comes to will never be hungry, whoever believes in me will never thirst". In Union with the

body of Christ in every time and place, we pray:

Come to my heart O Christ.

There is room in my heart for you. Amen.

#### **MB OF GOD**



MMUNION HYMN Stay With Us mp On The Street CP 194 Liz Hodgon—Solo

#### AYER AFTER COMMUNION

Holy God, source of all love, on the night of his betrayal Jesus gave his disciples a new commandment, to love one another as he loved them. Write this commandment in our hearts; give us the will to serve others as he was the servant of all, who gave his life and died for us, yet is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

#### SSING

Holy God, Source of all love,

On the night of his betrayal

Jesus gave his disciples a new commandment,

To love one another as he loved them.

Write this commandment in our hearts;

Give us the will to serve others

As he was the servant of all,

Who gave his life and died for us,

Yet is alive and reigns with you and the Holy Spirit, One God, now and forever.

Amen.

Stripping and washing of the Altar while Matthew 26:30-46 is read by Dale Throness.



#### Helen's Directory

The Rev. Mark Munn, Priest & Rector (rev.mark.munn@gmail.com)

Dale Throness, Interim Music Director

Matt Powell, Rector's Warden

Irene Vavasour, People's Warden

Rozi Purdy, Associate Warden

Tony Hodgson, Treasurer

Monica O'Brien, Envelope Secretary

Cynthia Jutras, Parish Administrator

If you have any questions or concerns, please call or email the church office:

604 224 0212, sthelenswpg@gmail.com

#### orship Ministries for Today

Celebrant: The Reverend Mark Munn Preacher: The Reverend Mark Munn

Music: Dale Throness

#### **Musicians**

Dale Throness, Piano and Voice Deeandra Miranda, soprano

Liz Hodgson, alto

Justin Cho, tenor

#### How to Contribute to St. Helen's Financially

ou'd like to contribute financially to our shared congregational life and mission here at St. Helen's, you ca



- Use one of the envelopes available at the back of the church by the offering pla cheques or cash
- Scan the QR code at left to contribute via credit card or Apple Pay
- Visit our website (pointgreyanglican.com/pages/give) to contribute via credit car PayPal
  - Set up a Pre-Authorized Donation (PAD). To do this, please reach out to our E lope Secretary, Monica O'Brien via our office (sthelenswpg@gmail.com).