

Easter Sunday

31 March, 2024



St. Helen's
Anglican Church of Canada
Diocese of New Westminster

The Reverend Mark Munn

ATHERING IN GOD'S NAME

ENING HYMN Christ the Lord Is Risen Today

CP 206

MEETING

The Lord be with you.

And also with you.

Christ is risen. Alleluia!

He is risen indeed. Alleluia!

AYER OF PREPARATION

Almighty God,

to whom all hearts are open all desires known,

and from whom no secrets are hidden:

cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,

that we may perfectly love you, and worthily magnify your holy name,

through Christ our Lord. Amen.

ie Eleison

Cantor; All repeat

Ky - ri - e, e - lé - i - son. Chri - ste, e -
Lord, _____ have mer - cy. Christ, _____ have

lé - i - son. Ky - ri - e, e - lé - i - son.
mer - cy. Lord, _____ have mer - cy.

CONFESSIO

Christ our Passover Lamb has been offered for us,

therefore we come to celebrate the festival.

Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed,

by what we have done, and by what we have left undone.

**We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness, and keep you in eternal life;
through Jesus Christ our Lord.

Amen.

THE ABSOLUTION

Almighty God, who has promised forgiveness to all who turn to him in faith,
pardon you and set you free from all your sins,
strengthen you in all goodness and keep you in eternal life,
through Jesus Christ our Lord. **Amen**

The hymn of praise

Glo-ry to God in the high - est, and on earth peace to peo-ple
of good will. We praise you, we bless you, we a -
dore you, we glo-ri-fy you, we give you
thanks for your great glo - ry, Lord God, heav-en - ly
King, O God, al-might-y Fa - ther.

Lord Je - sus Christ, On - ly Be - got - ten Son, Lord God,
 Lamb of God, Son of the Fa - ther, you take a -
 way the sins of the world, have mer - cy on us; you take a -
 way the sins of the world, re - ceive our prayer; you are seat - ed
 at the right hand of the Fa - ther, have mer -
 cy, have mer - cy on us. For you a - lone are the
 Ho - ly One, you a - lone are the Lord, you a - lone are the
 Most High, Je - sus Christ, with the Ho - ly Spir - it,
 in the glo - ry of God the Fa - ther. A - men, a - men.

LECT OF THE DAY

God of glory, by the raising of your Son
 you have broken the chains of death:
 fill your church with faith and hope,
 for a new day has dawned and the way of life stands before us;
 through Jesus Christ, our risen Saviour. **Amen.**

A reading from the book of Acts

Then Peter began to speak to the Gentiles: "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ - he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

Hear what the spirit is saying to the church.

Thanks be to God.

PSALM 118



This is the day our God made, let us re-joice and be glad.

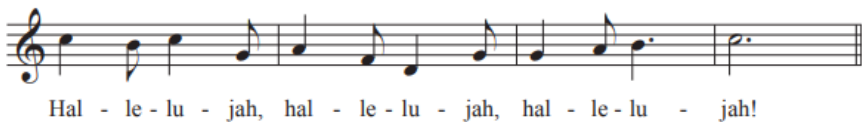
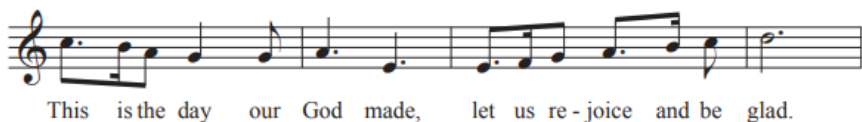


Hal - le - lu - jah, hal - le - lu - jah, hal - le - lu - jah!

Give thanks to God who is good;
whose mercy endures for ever.

Let Israel now proclaim,

"God's mercy endures for ever." **R.**



God is my strength and my song, and has become my salvation.
There is a sound of exultation and victory in the tents of the righteous:
"The right hand of the Most High has triumphed!
the right hand of the Most High is exalted!
the right hand of the Mighty One has triumphed!" **R.**

I shall not die, but live,
and declare the works of God.
God has punished me sorely,
but did not hand me over to death. **R.**

Open for me the gates of righteousness;
I will enter them; I will offer thanks to God.
"This is the gate of the Holy One;
those who are righteous may enter." **R.**

I will give thanks to you, for you answered me
and have become my salvation.
The same stone which the builders rejected
has become the chief cornerstone. **R.**

This is God's doing,
and it is marvellous in our eyes.
On this day our God has acted;
we will rejoice and be glad in it. **R.**

A reading from the first letter of Paul to the Corinthians

Now I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you - unless you have come to believe in vain. For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary I worked harder than any of them - though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

Hear what the spirit is saying to the church.

Thanks be to God.

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Jesus Christ.

When the sabbath was over, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, "Who will roll away the stone for us from the entrance to the tomb?" When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, "Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you."

they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

MON

The Rev Mark Munn

RENEWAL OF THE BAPTISM COVENANT

Do you believe in God the Father?

**I believe in God,
The Father almighty,
creator of heaven and earth.**

Do you believe in Jesus Christ, the Son of God?

**I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

Do you believe in God the Holy Spirit?

**I believe in God the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

I will, with God's help.

Will you persevere in resisting evil and, whenever you fall into sin, repent and return to the Lord?

I will, with God's help.

Will you proclaim by word and example the good news of God in Christ?

I will, with God's help.

Will you seek and serve Christ in all persons, loving your neighbour as yourself?

I will, with God's help.

Will you strive for justice and peace among all people, and respect the dignity of every human being?

I will, with God's help.

Will you strive to safeguard the integrity of God's creation and respect, sustain, and renew the life of the earth?

I will, with God's help.

THE PRAYERS OF THE PEOPLE

Hepsi Chand

Please stand as you are able.

THE PEACE

The peace of the Lord be always with you.

And also with you.

People greet one another with signs of God's peace.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering of gratitude for God's generosity. A QR code is provided at the back of the leaflet for those who prefer to donate online. During the collection, a hymn is sung.

THE HOLY COMMUNION

PRAYER OVER THE GIFTS

God our strength and salvation,
 receive all we offer you this day,
 and grant that we who have confessed your name,
 and received new life in baptism,
 may live in the joy of the resurrection,
 through Jesus Christ the Lord.

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right to give you thanks and praise, O Lord, our God,
 sustainer of the universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be:
 the vast expanse of interstellar space, galaxies, suns,
 the planets in their courses, and this fragile earth, our island home;
 by your will they were created and have their being.

From the primal elements you brought forth the human race,
 and blessed us with memory, reason, and skill;
 you made us the stewards of creation.

But we turn against you, and betray your trust;
 and we turn against one another. Again and again you call us to return.
 Through the prophets and sages you reveal your righteous law.
 In the fullness of time you sent your Son, born of a woman, to be our Saviour.

He was wounded for our transgressions, and bruised for our iniquities.
By his death he opened to us the way of freedom and peace.

Therefore we praise you, joining with the heavenly chorus,
with prophets, apostles, and martyrs,
and with those in every generation who have looked to you in hope,
to proclaim with them your glory, in their unending hymn:

The image shows a musical score for a hymn. It consists of four staves of music in a 3/4 time signature, with a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff begins with 'Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and'. The second staff continues with 'earth are full of your glo - ry. Ho-san-na in the high - est.'. The third staff starts with 'Bless-ed is he who comes in the name of the Lord. Ho-'. The fourth and final staff concludes with 'san-na in the high-est. Ho-san-na in the high - est.'.

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and
earth are full of your glo - ry. Ho-san-na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho-
san-na in the high-est. Ho-san-na in the high - est.

Blessed are you, Lord our God, for sending us Jesus, the Christ,
who on the night he was handed over to suffering and death,
took bread, said the blessing, broke the bread, gave it to his friends,
and said, “Take this, and eat it: this is my body which is given for you.
Do this for the remembrance of me.”

In the same way, after supper, he took the cup of wine;
he gave you thanks, and said, “Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Gracious God, we recall the death of your Son Jesus Christ,
we proclaim his resurrection and ascension,
and we look with expectation for his coming as Lord of all the nations.
We who have been redeemed by him,
and made a new people by water and the Spirit, now bring you these gifts.
Send your Holy Spirit upon us and upon this offering of your Church,
that we who eat and drink at this holy table
may share the divine life of Christ our Lord.

Pour out your Spirit upon the whole earth and make it your new creation.
Gather your Church together from the ends of the earth into your kingdom,
where peace and justice are revealed, that we, with all your people,
of every language, race, and nation, may share the banquet you have promised;
through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.
Glorify you for ever and ever. Amen.

THE LORD'S PRAYER

As our Saviour taught us, let us pray,
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

E BREAKING OF THE BREAD

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

INVITATION TO HOLY COMMUNION

The gifts of God for the people of God

Thanks be to God

RITUAL COMMUNION

With those who are unable to receive the Eucharist at this time, remember these words of Jesus from the gospel of John: "I am the bread of life. Whoever comes to me will never be hungry, whoever believes in me will never thirst". In Union with the body of Christ in every time and place, we pray:

Come to my heart O Christ.

There is room in my heart for you. Amen.

HYMN OF GOD

The image shows two staves of musical notation in 4/4 time. The first staff contains the melody for the first line of the hymn, with a first and second ending bracket over the final two measures. The second staff contains the melody for the second line, starting with a repeat sign and ending with a double bar line and the word 'Final' above it.

Lamb of God, you take a-way the sins of the world, have mer - cy,
have mer - cy on us. world, grant us, grant us peace.

COMMUNION HYMN Good Christians All, Rejoice and Sing

CP 211

PRAYER AFTER COMMUNION

God of life,
bring us to the glory of the resurrection
promised in this Easter sacrament.

We ask this in the name of Jesus Christ the risen Lord. **Amen.**

BLESSING

Life is short,
and we do not have much time
to gladden the hearts of those who travel the way with us.
So be swift to love,
make haste to be kind,
and may the blessing of God Almighty
The Father, the Son and the Holy Spirit
be among you and remain with you
and those you love, now and forever.

Amen.

PROCESSIONAL HYMN Jesus Christ Is Risen Today

CP 203

DISMISSAL

Go in peace to journey with Jesus.

Thanks be to God!

*Please be seated for the postlude. The community disperses in silence. In respect of those who
may linger in contemplation, conversation is reserved for the narthex.*

Helen's Directory

The Rev. Mark Munn, Priest & Rector (rev.mark.munn@gmail.com)

Dale Throness, Interim Music Director

Matt Powell, Rector's Warden

Irene Vavasour, People's Warden

Rozi Purdy, Associate Warden

Tony Hodgson, Treasurer

Monica O'Brien, Envelope Secretary

Cynthia Jutras, Parish Administrator

If you have any questions or concerns, please call or email the church office: 604 224 0212, sthelenswpg@gmail.com

Worship Ministries for Today

Celebrant: The Reverend Mark Munn

Preacher: The Reverend Mark Munn

Music: Dale Throness

Musicians

Dale Throness, Piano and Voice

Deeandra Miranda, soprano

Liz Hodgson, alto

Justin Cho, tenor

How to Contribute to St. Helen's Financially

If you'd like to contribute financially to our shared congregational life and mission here at St. Helen's, you can



- Use one of the envelopes available at the back of the church by the offering plate, cheques or cash
- Scan the QR code at left to contribute via credit card or Apple Pay
- Visit our website (pointgreyanglican.com/pages/give) to contribute via credit card or PayPal
- Set up a Pre-Authorized Donation (PAD). To do this, please reach out to our Envelope Secretary, Monica O'Brien via our office (sthelenswpg@gmail.com).