

Harvest Thanksgiving

Oct 12, 2024



St. Helen's
Anglican Church of Canada
Diocese of New Westminster

GATHERING IN GOD'S NAME

All stand

OPENING HYMN Let Us with a Gladsome Mind

CP 398

GREETING

The grace of our Lord Jesus Christ,
And the love of God,
And the fellowship of the Holy Spirit,
Be with you all.

And also with you.

As we gather, we acknowledge with respect and gratitude
our presence on the traditional, ancestral and unceded lands
of the Musqueam People.

CONFESSION

Dear friends in Christ, God is steadfast in love and infinite in mercy.
Let us confess our sins, confident in God's forgiveness.

Lord Jesus, you came to reconcile us to one another and the Father:

Kyrie Eleison (*sung once*)

CP 706

Lord Jesus, you heal the wounds of sin and division:

Christe Eleison (*sung once*)

CP 706

Lord Jesus, you intercede for us with your Father:

Kyrie Eleison (*sung once*)

CP 706

THE ABSOLUTION

Almighty God have mercy on you,
forgive you all your sins through the grace of Jesus Christ,
strengthen you in all goodness,
and by the power of the Holy Spirit
keep you in eternal life. **Amen.**

COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Creator of the fruitful earth,
you made us stewards of all things.
Give us grateful hearts for all your goodness,
and steadfast wills to use your bounty well,
that the whole human family,
today and in generations to come,
may with us give thanks for the riches of your creation.
We ask this in the name of Jesus Christ the Lord. **Amen.**

Please be seated.

THE LITURGY OF THE WORD

FIRST READING

JOEL 2:21-27

Tony Hodgson

A reading from the book of Joel

Do not fear, O soil;
be glad and rejoice, for the Lord has done great things!
Do not fear, you animals of the field,
for the pastures of the wilderness are green;
the tree bears its fruit, the fig tree and vine give their full yield.

O children of Zion, be glad and rejoice in the Lord your God;
for he has given the early rain for your vindication,
he has poured down for you abundant rain,
the early and the later rain, as before.
The threshing-floors shall be full of grain,
the vats shall overflow with wine and oil.

I will repay you for the years
that the swarming locust has eaten,
the hopper, the destroyer, and the cutter,
my great army, which I sent against you.

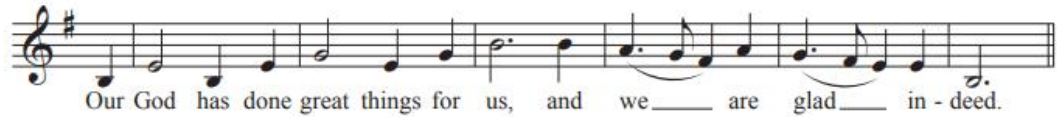
You shall eat in plenty and be satisfied,
and praise the name of the Lord your God,
who has dealt wondrously with you. And my people shall never
again be put to shame.

You shall know that I am in the midst of Israel,
and that I, the Lord, am your God and there is no other.
And my people shall never again be put to shame.

Hear what the Spirit is saying to the church.

Thanks be to God.

PSALM 126



When God restored the fortunes of Zion,
then were we like those who dream.
Then was our mouth filled with laughter,
and our tongue with shouts of joy. **R.**

Then they said among the nations,
"Our God has done great things for them."
Our God has done great things for us,
and we are glad indeed. **R.**

Restore our fortunes, O God,
like the watercourses of the Negev. **R.**

Those who sowed with tears
will reap with songs of joy.
Those who go out weeping, carrying their seed,
will come again with joy, shouldering their sheaves. **R.**

SECOND READING 1 TIMOTHY 2:1-7

Gillian Moore

A reading from First Letter from Paul to Timothy

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings should be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity. This is right and is acceptable in the sight of God our Saviour, who desires everyone to be saved and to come to the knowledge of the truth. For there is one God; there is also one mediator between God and humankind, Christ Jesus, himself human, who gave himself a ransom for all —this was attested at the right time. For this I was appointed a herald and an apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

Hear what the Spirit is saying to the church.

Thanks be to God.

All stand for the Gospel

GOSPEL ACCLAMATION

CP 458

Seek ye first the kingdom of God and God's righteousness,
And all these things shall be added unto you.
Alleluia, alleluia. Alleluia, alleluia, alleluia, alleluia, alleluia.

THE HOLY GOSPEL

MATTHEW 6:25-33

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew
Glory to you, Lord Jesus Christ.

‘Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?” For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

GOSPEL ACCLAMATION

CP 458

Ask and it shall be given unto you; seek and you shall find;
knock and the door shall be opened unto you.

Alleluia, alleluia. Alleluia, alleluia, alleluia, alleluia, alleluia.

The people are invited to sit

SERMON

The Rev. Mark Munn

All stand.

AFFIRMATION OF FAITH *(All stand)*

You are invited to join in an affirmation of faith.

**We believe in God, the Source of Life,
by whom every being in heaven and earth
is created, named, and sustained.
We believe in God, the Living Word,
who restores us to relationship and speaks to us through faith.
We believe in God, the Holy Spirit, who comforts,
guides, and strengthens us to share the good news of grace.
We believe in God, one, holy, undivided Trinity:
Source of Life, Living Word, Comforter: Mystery. Amen.**

Please stand, sit or kneel as is your custom for prayer.

THE PRAYERS OF THE PEOPLE

Liz Hodgson

As you are able, please gather in a circle around the altar.

THE PEACE

The peace of Christ be always with you.

And also with you.

The people greet one another with signs of God's peace.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided at the back of the leaflet for those who prefer to donate online. During the collection, a hymn is sung.

THE HOLY COMMUNION

PRAYER OVER THE GIFTS

God of power,
the glory of your works fills us with wonder and awe.
Accept our offering this day, and help us to live in peace and
harmony with all your creation,
for the sake of Jesus Christ our Lord. **Amen.**

THE GREAT THANKSGIVING

God is with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God our Creator.

We give our thanks and praise.

Creator, you made our world --- beautiful and good.

You made us to live in right relationship with you and all creation.

You sent Jesus to live among us and show us what you are like.

We give all thanks and praise to you, our true and loving God.

You laid the foundations of the earth and enclosed the seas.

You brought forth all creatures and gave breath to humankind.

Wondrous are you, Holy One.

All you create is a sign of hope for our journey.

And so, we join with the heavenly beings
and all of creation as we sing:

You are holy.

You are whole.

**You are always evermore
than we ever understand.**

You are always at hand.

**Blessed are you coming near.
Blessed are you coming here,
to your church in wine and bread,
raised from soil, raised from dead.**

You are holy.

You are wholeness.

You are present.

Let the cosmos praise you, Lord.

Sing Hosanna, in the highest!

Sing Hosanna!

Sing Hosanna to our God!

Glory and honour are yours, Creator of all,
your Word has never been silent.

Of your grace, you sent Jesus
to be human, to share our life,
to proclaim the coming of your holy reign,

and to give himself for us.

Through Jesus Christ you have reconciled us to you
and restored the glory you intended for us.

On the night before he died, Jesus ate supper with his friends.
He took bread, gave thanks, broke it, and gave it to them, saying:
“Take and eat. This is my very self given for you.
Do this for the remembrance of me.”

Then he took the cup of wine, again he gave thanks,
and gave it to them, saying:
“Drink it all of you. This cup is a new covenant
poured out for you and all people.
Do this for the remembrance of me.”

And so, we remember:
the cross, the tomb, the resurrection and ascension,
and, longing for Christ’s coming again in glory,
we present these gifts to you.
Send your Holy Spirit upon us and upon these gifts,
so that we who share this bread and wine
may be a people of hope, justice and love.

Draw us together in Christ,
and, in the fullness of time, gather us with all your people
into the joy of your eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
and give you our unending praise. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, let us pray,
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

THE BREAKING OF THE BREAD

This is the bread of life given in love for us.
This is the cup of restored relationship with God.

INVITATION TO HOLY COMMUNION

These are the gifts of God for all God's people.
Thanks be to God

Lamb of God

Lamb of God

CP 745

COMMUNION HYMN

My Life Flows On in Endless Song

CP 401

Taizé

The musical score is written for voice and piano. It consists of three systems of music. Each system has a vocal line on a treble clef staff and a piano accompaniment on a bass clef staff. The key signature has one flat (Bb) and the time signature is 3/4. The lyrics are: "In the Lord I'll be ev - er thank - ful, in the Lord I will re -
joyce! Look to God, do not be a - fraid. Lift up your
voic - es, the Lord is near, lift up your voic - es, the Lord is near." There are triplets in the piano accompaniment on the second and third systems.

All stand.

PRAYER AFTER COMMUNION

Let us pray.

As we have shared this bread and wine,
we share new life in Christ.

Send us out in the power of your spirit,
to stand with you in world and share your love. **Amen.**

DOXOLOGY

Glory to God,
**whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.**

BLESSING

Life is short,
and we do not have much time
to gladden the hearts of those who travel the way with us.
So be swift to love,
make haste to be kind,
and may the blessing of God Almighty
The Father, the Son and the Holy Spirit
be among you and remain with you
and those you love, now and forever.
Amen.

DISMISSAL

Go in peace and share God's love.
Thanks be to God.!

RECESSIONAL HYMN Now Thank We All Our God

CP 399

*Please be seated for the postlude. The community disperses in silence.
In respect of those who may linger in contemplation, conversation is
reserved for the narthex.*

Coffee & Tea Time Volunteers Needed

We're looking for volunteers to organize our coffee and tea time after the 8:00 AM and 10:00 AM services.

What's involved:

- Setting up the coffee and tea area before the service
- Having coffee and tea ready right after the service
- Cleaning up after the coffee and tea time

No baking required! While cookies and treats are always appreciated, they're not mandatory. If you're interested in this important community ministry, please sign up on the sheet posted on the bulletin board in the Narthex.



Who's Coming for Dinner?

At St. Helen's, stewardship is about more than financial giving—it's about growing together in faith, friendship, and service. This year we want to strengthen and celebrate our community bonds. So you are invited to participate in a potluck dinner hosted by fellow members of our congregation. These gatherings are an opportunity to build and strengthen relationships in the parish, to share great food, and to celebrate each person's unique gifts that they bring to our church family.



We hope you'll consider hosting or joining a potluck! It's a chance to enjoy fellowship while supporting the life of our community.

Sign up at: <https://tinyurl.com/sthelenspotluck>

What to Believe? Book Group

what to believe?

TWELVE BRIEF LESSONS
IN RADICAL THEOLOGY

John D. Caputo

Do you ever wonder what to believe in a world filled with uncertainty? Have you ever wondered what is God? Join Dcn. Jeffrey for a 3-week book group exploring John D. Caputo's thought-provoking book, *What to Believe?: Twelve Brief Lessons in Radical Theology*.

This book isn't an easy read (though Caputo claims it is), and it is for believers, doubters, and everyone in between. Caputo challenges traditional ideas of God and religion, proposing a radical theology that emphasizes love, hope,

and a mystical sense of life.

Each gathering will consist of a short contextualization presentation (a simple lecture) on the topics followed by a group discussion on the assigned reading.

Registration Required: Follow this link to register:

<https://tinyurl.com/What-to-Believe>

Timeline: December 2, 9, and 16

Start time: 6:30pm

Location: St. Helen's Anglican Church (in-person)

Required text: *What to Believe?: Twelve Brief Lessons in Radical Theology* by John D. Caputo.

Please complete the assigned readings for each week before our gathering:

December 2: This is How the World Began: Lessons 1, 2, 3 and 4

Neighbourhood Ministry Volunteers Needed & Shopping List

St. Helen's needs your support for our Neighborhood Ministries program (our homelessness outreach initiative at St. Helen's). Our streets are home to many facing tough times, and as a church community we want to make a difference in their lives. We provide care packages with essentials like food, hygiene items, warm clothing, and blankets to our homeless neighbors. These packages offer more than just supplies; they're a symbol of hope and compassion and a sign of Christ's love at work in the world.

We are currently looking for volunteers to help us coordinate the outreach and prepare sandwiches and boiled eggs for the outreach days of October 26 (Sat) and November 23 (Sat). Please let us know if you would like to volunteer.

We are currently inviting donations of the following items:

- **men's socks (size medium)**
- **cans of tuna (with pull tabs only)**
- Boost/Ensure
- Juice boxes
- Fruit or pudding cups
- Cereal bars



For any further information about volunteering or contributing supplies, please feel free to contact Shawn at: deraaf@gmail.com

Animating our Faith: Formation Series

Details:

- Facilitator: Rev. Mark Munn
- Tuesday evenings from 6-7:30pm (Oct 15, 22, 29)



Pets at Sunday Service

The Feast Day of St. Francis celebration was a success on Sunday Oct 6! We have received wonderful feedback of how enjoyable it was to have the company of our furry friends with us during the service and so we would like to see if this is something that we would like to incorporate going forward. Please let us know your comments and suggestions by filling out the form below!

<https://tinyurl.com/sthelenspets>



Upcoming Events at St. Helen's

October 15 (Tue)	6pm	Animating Our Faith
October 22 (Tue)	6pm	Animating Our Faith
October 29 (Tue)	6pm	Animating Our Faith
November 3 (Sun)	10am	All Saints' Day Celebration
November 17 (Sun)	11am	Community Potluck
December 1 (Sun)	12 pm	Church decoration for Christmas
December 2 (Mon)	6:30pm	Book Study: Caputo's What to Believe?
December 7 (Sat)	9am	Advent Quiet Morning (Retreat)
December 9 (Mon)	6:30pm	Book Study: Caputo's What to Believe?
December 8 (Sun)	12pm	Wreath Making Workshop
December 15 (Sun)	TBD	Christmas Concert
December 16 (Mon)	6:30pm	Book Study: Caputo's What to Believe?
December 24 (Tues)	8pm	Christmas Eve Service
December 25 (Wed)	10am	Christmas Day (BCP Eucharist)

St. Helen's Directory

The Rev. Mark Munn, Priest & Rector (rev.mark.munn@gmail.com)

The Rev. Jeffrey Preiss, Deacon

Dale Throness, Acting Music Director

Matt Powell, Rector's Warden

Irene Vavasour, People's Warden

Rozi Purdy, Associate Warden

Tony Hodgson, Treasurer

Monica O'Brien, Envelope Secretary

Cynthia Jutras, Parish Administrator

If you have any questions or concerns, please call or email the church office: 604 224 0212, sthelenswpg@gmail.com

How to Contribute to St. Helen's Financially

If you'd like to contribute financially to our shared congregational life and mission here at St. Helen's, you can:



- Use one of the envelopes available at the back of the church by the offering plate for cheques or cash
- Scan the QR code at left to contribute via credit card or Apple Pay
- Visit our website (pointgreyanglican.com/pages/give) to contribute via credit card or PayPal
- Set up a Pre-Authorized Donation (PAD). To do this, please reach out to our Envelope Secretary, Monica O'Brien via our office (sthelenswpg@gmail.com).