

**Last Sunday after Pentecost:
The Reign of Christ
Nov 24, 2024**



St. Helen's
Anglican Church of Canada
Diocese of New Westminster

GATHERING IN GOD'S NAME

All stand

OPENING HYMN All Hail the Power

CP 322

GREETING

The grace of our Lord Jesus Christ,
And the love of God,
And the fellowship of the Holy Spirit,
Be with you all.

And also with you.

As we gather, we acknowledge with respect and gratitude
our presence on the traditional, ancestral and unceded lands
of the Musqueam People.

CONFESSION

Jesus says, 'Repent, for the kingdom of heaven is close at hand.'
So let us turn away from sin and turn to Christ,
confessing our sins in penitence and faith.

The kingdom is yours, but we turn away from your just rule:

Holy God, holy and mighty,

CP 707

holy immortal one, have mercy on us.

The power is yours, but we trust in our own power and strength:

Holy God, holy and mighty,

CP 707

holy immortal one, have mercy on us.

The glory is yours, but we fall short of the glory of God:

**Holy God, holy and mighty,
holy immortal one, have mercy on us.**

CP 707

THE ABSOLUTION

May almighty God have mercy on you,
forgive you your sins,
and bring you to everlasting life.

Amen.

COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

You who are,
who were,
who are to come,
before whose judgement
all that is not love fades away:
save us from the violence
that seeks to claim our hearts,
so that we may hear a different voice
and belong to you in truth;
through Jesus Christ, the wounded king of all.

Amen.

Please be seated.

THE LITURGY OF THE WORD

FIRST READING

2 SAMUEL 23:1-7

Tony Hodgson

A READING FROM THE SECOND BOOK OF SAMUEL

Now these are the last words of David: The oracle of David, son of Jesse, the oracle of the man whom God exalted, the anointed of the God of Jacob, the favourite of the Strong One of Israel: The spirit of the Lord speaks through me, his word is upon my tongue. The God of Israel has spoken, the Rock of Israel has said to me: One who rules over people justly, ruling in the fear of God, is like the light of morning, like the sun rising on a cloudless morning, gleaming from the rain on the grassy land. Is not my house like this with God? For he has made with me an everlasting covenant, ordered in all things and secure. Will he not cause to prosper all my help and my desire? But the godless are all like thorns that are thrown away; for they cannot be picked up with the hand; to touch them one uses an iron bar or the shaft of a spear. And they are entirely consumed in fire on the spot.

Hear what the Spirit is saying to the church.

Thanks be to God.

PSALM 132:1-13 (14-19)



O God, remember David, and all the hardships he endured;
How he swore an oath to you, a vow to the mighty One of Jacob;
"I will not come under the roof of my house,
nor climb up into my bed;
I will not allow my eyes to sleep, nor let me eyelids slumber;
Until I find you a resting place,
a dwelling for the Might One of Jacob." **R.**

"The ark! We heard is was in Ephratah;
we found it in the fields of Jearim.
Let us go to your dwelling place,
O God; let us fall upon our knees before your footstool."
Arise, O God, into your resting-place,
you and the ark of your strength.
Let your priests be clothed with righteousness;
let your faithful people sing with joy. **R.**

For your servant David's sake,
do not turn away from the face of your anointed.
The Most High has sworn an oath to David in faithfulness,
and will not break it;
"A son, the fruit of your body will I set upon your throne.
If your children keep my covenant
and my testimonies that I shall teach them,
their children will sit upon your throne for evermore. **R.**

For I have chosen Zion, I have desired her for my habitation:
"This shall be my resting-place for ever;
here will I dwell, for I delight in her.
I will surely bless her provisions,
and satisfy her poor with bread. **R.**

I will clothe her priests with salvation,
and her faithful people will rejoice and sing.
There will I make the horn of David flourish;
I have prepared a lamp for my anointed.
As for his enemies, I will clothe them with shame;
but as for him, his crown will shine." **R.**

SECOND READING REVELATION 1:4B-8

Hepsi Chand

A reading from the Revelation to John

Grace to you and peace from him who is and who was and who is to come, and from the seven spirits who are before his throne, and from Jesus Christ, the faithful witness, the firstborn of the dead, and the ruler of the kings of the earth. To him who loves us and freed us from our sins by his blood, and made us to be a kingdom, priests serving his God and Father, to him be glory and dominion forever and ever. Amen. Look! He is coming with the clouds; every eye will see him, even those who pierced him; and on his account all the tribes of the earth will wail. So it is to be. Amen. "I am the Alpha and the Omega," says the Lord God, who is and who was and who is to come, the Almighty.

Hear what the Spirit is saying to the church.

Thanks be to God.

All stand for the Gospel

GOSPEL ACCLAMATION

CP 457

Alleluia, alleluia, alleluia. (x2)

Choir: Blessed are you, O Lord of creation, revealing your kingdom to the humble and weak.

Alleluia, alleluia, alleluia. (X2)

THE HOLY GOSPEL

JOHN 18:33-37

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Jesus Christ.

Then Pilate entered the headquarters again, summoned Jesus, and asked him, "Are you the King of the Jews?" Jesus answered, "Do you ask this on your own, or did others tell you about me?" Pilate replied, "I am not a Jew, am I? Your own nation and the chief priests have handed you over to me. What have you done?" Jesus answered, "My kingdom is not from this world. If my kingdom were from this world, my followers would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not from here." Pilate asked him, "So you are a king?" Jesus answered, "You say that I am a king. For this I was born, and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

GOSPEL ACCLAMATION

Alleluia, alleluia, alleluia. (x2)

Please be seated.

SERMON

The Rev. Jeffrey Preiss

AFFIRMATION OF FAITH *(All stand)*

Let us confess our faith, as we say,

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

**and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Please stand, sit or kneel as is your custom for prayer.

THE PRAYERS OF THE PEOPLE

Liz Hodgson

After the prayers, those who wish may gather in a circle around the altar.

THE PEACE

To crown all things there must be love,
to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.

The Peace of the Lord be always with you.

And also with you.

The people greet one another with signs of God's peace (a handshake, an embrace, or a nod and wave are all appropriate signs). Please remain standing.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN The Kingdom of God is Justice and Joy CP 631

Please remain standing until communion.

THE HOLY COMMUNION

PRAYER OVER THE GIFTS

Blessed be God,
who enthrones us with Christ in the heavenly realms.
May we feed upon the bread of God
and drink the royal wine of heaven.
Blessed be God for ever.

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.
It is indeed right to thank you and praise you,
holy and gracious God, creator of all things,
ruler of heaven and earth, sustainer of life,
for you are the source of all goodness,

rich in mercy and abounding in love;
you are faithful to your people in every generation,
and your word endures for ever.

Therefore with angels and archangels,
with the fellowship of saints and the company of heaven,
we glorify your holy name, evermore praising you and singing

Holy Holy Holy

CP 719

We praise you, merciful Father,
not as we ought, but as we are able,
because in your tender love you gave the world your only Son,
in order that the world might be saved through him.
He made you known by taking the form of a servant,
healing the sick, liberating the oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross,
he confronted the power of sin and disarmed it for ever.
In his offering of himself,
he became the perfect and sufficient sacrifice
for the sins of the whole world.
Redeemed by Christ, we have been adopted as your children;
by your pardon you have made us worthy to praise you.

On the night he was betrayed,
Jesus, at supper with his friends, took bread, gave you thanks,
broke the bread, gave it to them, and said,
“Take and eat: this is my body which is given for you.
Do this for the remembrance of me.”

After supper he took the cup of wine,
and when he had given thanks, he gave it to them, and said,
“Drink this all of you: this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

In obedience to him and with grateful hearts
we approach your holy table,
remembering our Saviour’s sacrifice, and rejoicing in his victory.
Confident in his sovereign purpose, we declare our faith.

Christ has died,

Christ is risen,

Christ will come again

Send your Holy Spirit on us
that as we receive this bread and this cup
we may partake of the body and blood of our Lord Jesus Christ,
and feed on him in our hearts by faith with thanksgiving.

May we be renewed in his risen life, filled with love,
and strengthened in our will to serve others;
and make of our lives, we pray,
a pure and holy sacrifice, acceptable to you,
knitting us together as one in your Son Jesus Christ,
to whom, with you and the Holy Spirit,
be all honour and glory, now and forever
Amen.

THE LORD'S PRAYER

As our Saviour taught us, let us pray,
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.

THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

INVITATION TO HOLY COMMUNION

These are the gifts of God for all God's people.

Thanks be to God

Lamb of God

Lamb of God

CP 745

COMMUNION HYMN

King of Glory, King of Peace

CP 345

Fairest Lord Jesus

CP 619

All stand.

PRAYER AFTER COMMUNION

The Lord be with you.

And also with you.

Let us pray:

Almighty God,

you have made us a royal priesthood

in the kingdom of your Son our Saviour Jesus Christ.

Make known his victory through us, we pray,

that all the world may see his light.

We ask this in the name of Jesus Christ the Lord

Amen.

DOXOLOGY

Glory to God,
**whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

BLESSING

Christ our King make you faithful and strong to do his will,
that you may reign with him in glory;

and may the blessing of God Almighty
The Father, the Son and the Holy Spirit
be among you and remain with you
and those you love, now and forever.
Amen.

DISMISSAL

Go in peace to love and serve the Lord.
Amen.

RECESSIONAL HYMN Crown Him With Many Crowns

CP 378

*Please be seated for the postlude. The community disperses in silence.
In respect of those who may linger in contemplation, conversation is
reserved for the narthex.*



Advent Quiet Morning: A Mini Silent Retreat

Dec 7 (Saturday) 9am

Join us as we step into a space of quiet anticipation, waiting and preparing our hearts for the coming of Christ. This Advent Quiet Morning offers a moment of pause, an invitation to reflect deeply and spiritually during this season of hope.

The retreat begins at 9:00 am with Morning Prayer, inviting us to center ourselves in community. We will then enter two hours of silence, a time to pray, meditate, journal, or simply “be.” Participants are encouraged to move through the worship space freely, whether to sit

quietly, colour, walk, or explore other contemplative practices. Please feel welcome to bring a journal, prayer book, colouring supplies, prayer beads, or any other items that support your time in silence.

During the retreat, we will center on the image of Christ in the Rubble, an icon written by Kelly Latimore. In this profound work, the infant Christ is held by his mother and father amid the ruins of what is today known as Gaza. The image prompts us into “holy pondering” on suffering, resilience, and the enduring hope found in Christ’s presence among us. It challenges us to reflect on our role as agents of reconciliation and peace and inspires us to envision a world bound together by compassion and justice.

Anointing with holy oil will be available for those who wish, followed by a brief closing prayer as we end our time together.

All are welcome. Let this morning be a time of listening, reflection, and renewed commitment to a world transformed by love.

No registration required for this time of prayer.

What to Believe? Book Group

Do you ever wonder what to believe in a world filled with uncertainty? Have you ever wondered what is God? Join Deacon Jeffrey Preiss for a 3-week book group exploring John D. Caputo's thought-provoking book, *What to Believe?: Twelve Brief Lessons in Radical Theology*.

Register at the welcome table or online:
<https://tinyurl.com/What-to-Believe>

Dates: December 2, 9, and 16. 6:30pm.
Start time: 6:30pm

Required text: *What to Believe?: Twelve Brief Lessons in Radical Theology* by John D. Caputo.

Pre-reading for December 2: This is How the World Began: Lessons 1, 2, 3 and 4.



Neighbourhood Ministry Shopping List

Thank you to everyone who has volunteered for St. Helen's Neighborhood Ministries program (our homelessness outreach initiative at St. Helen's)!

We are currently inviting donations of the following items:

- **men's socks (size medium)**
- **cans of tuna (with pull tabs only)**
- Boost/Ensure
- Juice boxes
- Fruit or pudding cups
- Cereal bars

For any further information about volunteering or contributing supplies, please feel free to contact Shawn at: deraaf@gmail.com





Coffee & Tea Time Volunteers Needed Next Sunday

Join our coffee and tea-time team! We're looking for volunteers to help set-up, serve, and share in fellowship after the service. If you're interested in lending a hand, please sign up on the volunteer list on the bulletin board!

Available Sundays coming up: **Dec 8, and Dec 29.**

Thursday Afternoon Contemplative Prayer

Come experience peace and reflection at our contemplative prayer sessions every Thursday afternoon at 3:15-3:35pm in the St. Helen's sanctuary. All are welcome to join us as we pause, pray, and find stillness in God's presence.

Led by parishioner Paula Pryce, accompanied by the Reverend Mark Munn.



Thursday Afternoon Scrabble & Tea

Come join members of the St. Helen's community on Thursday afternoons at 1:30pm for tea, cookies, a fun game of scrabble and conversation.

St. Helen's Directory

The Rev. Mark Munn, Priest & Rector (rev.mark.munn@gmail.com)

The Rev. Jeffrey Preiss, Deacon

Dale Throness, Music Director

Matt Powell, Rector's Warden

Irene Vavasour, People's Warden

Rozi Purdy, Associate Warden

Tony Hodgson, Treasurer

Monica O'Brien, Envelope Secretary

Cynthia Jutras, Parish Administrator

If you have any questions or concerns, please call or email the church office: 604 224 0212, sthelenswpg@gmail.com

How to Contribute to St. Helen's Financially

If you'd like to contribute financially to our shared congregational life and mission here at St. Helen's, you can:



- Use one of the envelopes available at the back of the church by the offering plate for cheques or cash
- Scan the QR code at left to contribute via credit card or Apple Pay
- Visit our website (pointgreyanglican.com/pages/give) to contribute via credit card or PayPal
- Set up a Pre-Authorized Donation (PAD). To do this, please reach out to our Envelope Secretary, Monica O'Brien via our office (sthelenswpg@gmail.com).