

Christmas Day

Dec 25, 2024



St. Helen's
Anglican Church of Canada
Diocese of New Westminster

GATHERING IN GOD'S NAME

All stand

GREETING

In this time and place
We gather on the ancestral lands of the Musqueam nation.
From many places and peoples we come to this house of prayer.

ALMIGHTY God,
**unto whom all hearts be open,
all desires known,
and from whom no secrets are hid:
Cleanse the thoughts of our hearts
by the inspiration of thy Holy Spirit,
that we may perfectly love thee,
and worthily magnify thy holy Name;
through Christ our Lord. Amen.**

OUR Lord Jesus Christ said:

Hear O Israel,
The Lord our God is one Lord;
and thou shalt love the Lord thy God with all thy heart,
and with all thy soul,
and with all thy mind,
A\and with all thy strength.
This is the first and great commandment.

And the second is like unto it:
Thou shalt love thy neighbour as thyself.
On these two commandments hang all the Law and the Prophets.

**Lord, have mercy upon us,
and write all these thy laws in ours hearts,
we beseech Thee.**

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

The Lord be with you.
And with thy spirit.

Let us pray:

ALMIGHTY God, who hast given us thy only begotten
Son to take our nature upon him,
and as at this time to be born of a pure Virgin:
Grant that we being regenerate, and made thy
children by adoption and grace, may daily be
renewed by thy Holy Spirit; through the same
our Lord Jesus Christ, who liveth and reigneth
with thee and the same Spirit, ever one God,
world without end. **Amen.**

Please be seated.

THE LITURGY OF THE WORD

FIRST READING ISAIAH 9:2-7

The first Lesson is written in the ninth chapter of the book of Isaiah, beginning at the second verse.

The people who walked in darkness have seen a great light; those who lived in a land of deep darkness – on them light has shined. You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. For the yoke of their burden, and the bar across their

shoulders, the rod of their oppressor, you have broken as on the day of Midian. For all the boots of the tramping warriors and all the garments rolled in blood shall be burned as fuel for the fire. For a child has been born for us, a son given to us; authority rests upon his shoulders; and he is named Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace. His authority shall grow continually, and there shall be endless peace for the throne of David and his kingdom. He will establish and uphold it with justice and with righteousness from this time onward and forevermore. The zeal of the Lord of hosts will do this.

Here endeth the Lesson.

PSALM 96

O sing to the Lord a new song;
sing to the Lord, all the earth.
Sing to the Lord, bless his name;
tell of his salvation from day to day.
Declare his glory among the nations,
his marvellous works among all the peoples.
For great is the Lord, and greatly to be praised;
he is to be revered above all gods.
For all the gods of the peoples are idols,
but the Lord made the heavens.
Honour and majesty are before him;
strength and beauty are in his sanctuary.

Ascribe to the Lord, O families of the peoples,
ascribe to the Lord glory and strength.
Ascribe to the Lord the glory due his name;
bring an offering, and come into his courts.
Worship the Lord in holy splendour;
tremble before him, all the earth.

Say among the nations, 'The Lord is king!
The world is firmly established; it shall never be moved.
He will judge the peoples with equity.'
Let the heavens be glad, and let the earth rejoice;
let the sea roar, and all that fills it;
let the field exult, and everything in it.
Then shall all the trees of the forest sing for joy
before the Lord; for he is coming,
for he is coming to judge the earth.
He will judge the world with righteousness,
and the peoples with his truth.

SECOND READING

TITUS 2:11-14

The second lesson is written in the second chapter of the letter of Paul to Titus beginning at the eleventh verse.

For the grace of God has appeared, bringing salvation to all, training us to renounce impiety and worldly passions, and in the present age to live lives that are self-controlled, upright, and godly, while we wait for the blessed hope and the manifestation of the glory of our great God and Saviour, Jesus Christ. He it is who gave himself for us that he might redeem us from all iniquity and purify for himself a people of his own who are zealous for good deeds.

Here endeth the Lesson.

All stand for the Gospel

The Holy Gospel

LUKE 2:1-20

The Holy Gospel is written in the second chapter of the Gospel according to Saint Luke beginning at the first verse.

Glory be to thee, O Lord.

In those days a decree went out from Emperor Augustus that all the world should be registered. This was the first registration and was taken while Quirinius was governor of Syria. All went to their own towns to be registered. Joseph also went from the town of Nazareth in Galilee to Judea, to the city of David called Bethlehem, because he was descended from the house and family of David. He went to be registered with Mary, to whom he was engaged and who was expecting a child. While they were there, the time came for her to

deliver her child. And she gave birth to her firstborn son and wrapped him in bands of cloth, and laid him in a manger, because there was no place for them in the inn. In that region there were shepherds living in the fields, keeping watch over their flock by night. Then an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, “Do not be afraid; for see – I am bringing you good news of great joy for all the people: to you is born this day in the city of David a Saviour, who is the Messiah, the Lord. This will be a sign for you: you will find a child wrapped in bands of cloth and lying in a manger.” And suddenly there was with the angel a multitude of the heavenly host, praising God and saying, “Glory to God in the highest heaven, and on earth peace among those whom he favours!”

When the angels had left them and gone into heaven, the shepherds said to one another, “Let us go now to Bethlehem and see this thing that has taken place, which the Lord has made known to us.” So they went with haste and found Mary and Joseph, and the child lying in the manger. When they saw this, they made known what had been told them about this child; and all who heard it were amazed at what the shepherds told them. But Mary treasured all these words and pondered them in her heart. The shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them.

The Gospel of Christ.

Praise be to thee, O Christ.

Please be seated.

Please stand.

THE CREED

I BELIEVE in one God the Father Almighty,
**Maker of heaven and earth,
And of all things visible and invisible:
And in one Lord Jesus Christ,
the only-begotten Son of God,
Begotten of the Father before all worlds; God, of God;
Light, of Light; Very God, of very God; Begotten, not made;
Being of one substance with the Father;
Through whom all things were made:
Who for us men and for our salvation came down from heaven,
And was incarnate by the Holy Ghost of the Virgin Mary,
And was made human,
And was crucified also for us under Pontius Pilate.
He suffered and was buried,
And the third day he rose again according to the Scriptures,
And ascended into heaven,
And sitteth on the right hand of the Father.
And he shall come again with glory
to judge both the quick and the dead:
Whose kingdom shall have no end.
And I believe in the Holy Ghost, The Lord,
The Giver of Life,
Who proceedeth from the Father and the Son,
Who with the Father and the Son together
is worshipped and glorified, Who spake by the Prophets.**

**And I believe One, Holy, Catholic, and Apostolic Church.
I acknowledge one Baptism for the remission of sins.
And I look for the Resurrection of the dead,
And the Life of the world to come. Amen.**

Please stand.

THE OFFERTORY

Brethren, you know the grace of our Lord Jesus Christ,
that, though he was rich, yet for your sakes he became poor,
that you through his poverty might become rich.

Please sit for the setting of the table.

THE PRAYERS

Please stand.

Let us pray for Christ's holy Catholic Church.
Let us pray for peace on earth
and for the unity of all Christian people.
Let us remember before God those of our brethren
who have departed this life and are at rest.
Let us pray for the whole state of Christ's Church here in earth.

ALMIGHTY and everliving God,
who by thy holy Apostle hast taught us to make prayers
and supplications, and to give thanks, for all men:
We humbly beseech thee most mercifully
to accept our alms and oblations, and to receive

these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly Love.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant Charles our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant John our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness,
O Lord, to comfort and succour all them,
who in this transitory life are in trouble, sorrow,
need, sickness, or any other adversity, especially
those for whom our prayers are desired.
We remember before thee, O Lord, all thy
servants departed this life in thy faith and fear:
and we bless thy holy Name for all who in life
and death have glorified thee; beseeching thee to
give us grace that, rejoicing in their fellowship,
we may follow their good examples, and with
them be partakers of thy heavenly kingdom.
Grant this, O Father, for Jesus Christ's sake,
our only Mediator and Advocate, to whom, with
thee and the Holy Ghost, be all honour and
glory, world without end. **Amen.**

CONFESSION & ABSOLUTION

Please stand.

YE that do truly and earnestly repent you of
your sins, and are in love and charity with
your neighbours, and intend to lead the new
life, following the commandments of God, and
walking from henceforth in his holy ways: Draw
near with faith, and take this holy Sacrament to
your comfort; and make your humble confession to
Almighty God:

Period of silence.

ALMIGHTY God,
**Father of our Lord Jesus Christ,
Maker of all things, Judge of all people:
We acknowledge and confess our manifold sins
and wickedness, Which we from time to time
most grievously have committed, By thought,
word, and deed, Against thy Divine Majesty. We
do earnestly repent, And are heartily sorry for
these our misdoings. Have mercy upon us, most
merciful Father; For thy Son our Lord Jesus
Christ's sake, Forgive us all that is past; And
grant that we may ever hereafter Serve and please
thee In newness of life, To the honour and glory
of thy Name; Through Jesus Christ our Lord.
Amen.**

ALMIGHTY God, our heavenly Father, who
of his great mercy hath promised forgiveness
of sins to all them that with hearty repentance
and true faith turn unto him:
Have mercy upon you;
pardon and deliver you from all your sins;
confirm and strengthen you in all goodness;
and bring you to everlasting life;
through Jesus Christ our Lord. **Amen.**

Hear what comfortable words our Saviour Christ
saith unto all that truly turn to him.

God so loved the world,
that he gave his only begotten Son,
to the end that all that believe in him
should not perish, but have eternal life.

THANKSGIVING AND CONSECRATION

Please stand.

THE Lord be with you;
And with thy spirit.

Lift up your hearts;
We lift them up unto the Lord.

Let us give thanks unto our Lord God;
It is meet and right so to do.

IT is very meet, right, and our bounden duty,
that we should at all times, and in all places,
give thanks unto thee, O Lord, Holy Father,
Almighty, Everlasting God, Creator and Preserver
of all things.

BECAUSE thou didst give Jesus Christ thine
only Son to be born as at this time for us;
who, by the operation of the Holy Spirit, was
made very man of the substance of the
Virgin Mary his mother;
and that without spot of sin,
to make us clean from all sin.

THEREFORE with Angels and Archangels,
and with all the company of heaven,
we laud and magnify thy glorious Name;
evermore praising thee and saying:

**HOLY, Holy, Holy, Lord God of hosts,
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.**

**BLESSED is the One that cometh in the Name of the Lord:
Hosanna in the highest.**

BLESSING and glory and thanksgiving be
unto thee Almighty God, our heavenly Father,
who of thy tender mercy didst give thine only Son
Jesus Christ to take our nature upon him,
and to suffer death upon the Cross for our redemption;
who made there, by his one oblation of himself once offered,
a full, perfect, and sufficient sacrifice,
oblation, and satisfaction, for the sins of the whole world;
and did institute, and in his holy Gospel
command us to continue, a perpetual memorial of
that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly
beseech thee; and grant that we receiving these
thy creatures of bread and wine,
according to thy Son our Saviour Jesus Christ's holy institution,
in remembrance of his death and passion,
May be partakers of his most blessed Body and Blood;

who, in the same night that he was betrayed, took Bread;
and, when he had given thanks,
he brake it;
and gave it to his disciples, saying,

Take, eat; this is my Body which is given for you:
Do this in remembrance of me.

Likewise after supper he took the Cup;
and, when he had given thanks,
He gave it to them, saying,

Drink ye all, of this;
for this is my Blood of the new Covenant,
which is shed for you and for many
For the remission of sins:
Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth,
we thy humble servants,
with all thy holy Church,
remembering the precious death of thy beloved Son,
his mighty resurrection, and glorious ascension,
and looking for his coming again in glory,
do make before thee, in this sacrament of
the holy Bread of eternal life and Cup of everlasting salvation,
the memorial which he
hath commanded;

And we entirely desire thy fatherly goodness
mercifully to accept this our sacrifice of praise and thanksgiving,
most humbly beseeching thee to grant,
that by the merits and death of thy Son Jesus Christ,
and through faith in his blood,
we and all thy whole Church may obtain remission of our sins,
and all other benefits of his passion;

And we pray that by the power of thy Holy Spirit,
all we who are partakers of this holy Communion
may be fulfilled with thy grace and heavenly benediction;
through Jesus Christ our Lord,

by whom and with whom,
in the unity of the Holy Spirit,
all honour and glory be unto thee,
O Father Almighty, world without end.

Amen.

The peace of the Lord be always with you;
And with thy spirit.

**WE do not presume to come to this thy Table,
O merciful Lord, Trusting in our own righteousness,
But in thy manifold and great mercies.
We are not worthy So much as to gather
up the crumbs under thy Table.
But thou art the same Lord,
Whose property is always to have mercy:
Grant us therefore, gracious Lord,
So to eat the Flesh of thy dear Son Jesus Christ,
And to drink his Blood,
That our sinful bodies may be made clean by his Body,
And our souls washed through his most precious Blood,
And that we may evermore dwell in him, And he in us. Amen.**

COMMUNION

O LAMB of God, that takest away the sin of the world,
have mercy upon us.

O Lamb of God, that takest away the sin of the world,
have mercy upon us.

O Lamb of God, that takest away the sin of the world,
grant us thy peace.

All who seek Christ and are drawn to this holy table are invited to come forth to receive Holy Communion. Dipping the bread (intinction) into the wine is not permitted. If you wish to receive a blessing rather than Holy Communion, please indicate such by placing your right hand over your heart.

Once you have received communion of a blessing, please sit in quiet prayer and reflection.

PRAYER AFTER COMMUNION

Please stand.

Let us pray.

OUR Father
**who art in heaven,
Hallowed be thy Name,
Thy kingdom come, Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses,
As we forgive them that trespass against us;
And lead us not into temptation,
But deliver us from evil.**

For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

ALMIGHTY and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

GLORY be to God on high,
and in earth peace, good will towards all.
We praise thee, we bless thee, we worship thee, we glorify thee,
we give thanks to thee for thy great glory, O Lord
God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,

that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

BLESSING

Please stand.

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

Amen.

Please be seated for the postlude. The community disperses in silence. In respect of those who may linger in contemplation, conversation is reserved for the narthex.

St. Helen's Directory

The Rev. Mark Munn, Priest & Rector (rev.mark.munn@gmail.com)

The Rev. Jeffrey Preiss, Deacon

Dale Throness, Music Director

Matt Powell, Rector's Warden

Irene Vavasour, People's Warden

Rozi Purdy, Associate Warden

Tony Hodgson, Treasurer

Monica O'Brien, Envelope Secretary

Cynthia Jutras, Parish Administrator

If you have any questions or concerns, please call or email the church office: 604 224 0212, sthelenswpg@gmail.com

How to Contribute to St. Helen's Financially

If you'd like to contribute financially to our shared congregational life and mission here at St. Helen's, you can:



- Use one of the envelopes available at the back of the church by the offering plate for cheques or cash
- Scan the QR code at left to contribute via credit card or Apple Pay
- Visit our website (pointgreyanglican.com/pages/give) to contribute via credit card or PayPal
- Set up a Pre-Authorized Donation (PAD). To do this, please reach out to our Envelope Secretary, Monica O'Brien via our office (sthelenswpg@gmail.com).