

Second Sunday after the Epiphany
Jan 19, 2025



St. Helen's
Anglican Church of Canada
Diocese of New Westminster

GATHERING IN GOD'S NAME

All stand

OPENING HYMN Sing of God Made Manifest

CP 162

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

As we gather, we acknowledge with respect and gratitude
our presence on the traditional, ancestral and unceded lands
of the Musqueam People.

CONFESSION

Jesus says, 'Repent, for the kingdom of heaven is close at hand.'
So let us turn away from sin and turn to Christ,
confessing our sins in penitence and faith.

The kingdom is yours, but we turn away from your just rule:

Holy God, holy and mighty, CP 707
holy immortal one, have mercy on us.

The power is yours, but we trust in our own power and strength:

Holy God, holy and mighty, CP 707
holy immortal one, have mercy on us.

The glory is yours, but we fall short of the glory of God:

**Holy God, holy and mighty,
holy immortal one, have mercy on us.**

CP 707

THE ABSOLUTION

May almighty God have mercy on you,
forgive you your sins,
and bring you to everlasting life.

Amen.

GLORIA

**Gloria, gloria, in excelsis Deo!
Gloria. Gloria, alleluia, alleluia! (x3)**

COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Almighty God,
your Son our Saviour Jesus Christ
is the light of the world.
May your people,
illumined by your word and sacraments,
shine with the radiance of his glory,
that he may be known, worshipped, and obeyed
to the ends of the earth;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Please be seated.

THE LITURGY OF THE WORD

FIRST READING ISAIAH 62:1-5

A READING FROM THE FIRST BOOK OF ISAIAH Matt Powell

For Zion's sake I will not keep silent, and for Jerusalem's sake I will not rest, until her vindication shines out like the dawn, and her salvation like a burning torch. The nations shall see your vindication, and all the kings your glory; and you shall be called by a new name that the mouth of the Lord will give. You shall be a crown of beauty in the hand of the Lord, and a royal diadem in the hand of your God. You shall no more be termed Forsaken, and your land shall no more be termed Desolate; but you shall be called My Delight Is in Her, and your land Married; for the Lord delights in you, and your land shall be married. For as a young man marries a young woman, so shall your builder marry you, and as the bridegroom rejoices over the bride, so shall your God rejoice over you.

Hear what the Spirit is saying to the church.

Thanks be to God.

Psalm 36.5-10



We__ feast on the rich-es of your house, O__ God.

Your love, O God, reaches to the heavens,
and your faithfulness to the clouds.

Your righteousness is like the steep mountains,
your justice like the great deep;
you save all living things, O God. **R.**

How priceless is your love, O God!
your people take refuge under the shadow of your wings.
They feast on the abundance of your house;
you give them drink from the river of your delights. **R.**

For with you is the well of life,
and in your light we see light.
Continue your loving-kindness to those who know you,
and your favour to those who are true of heart. **R.**

SECOND READING 1 CORINTHIANS 12:1-11 Suzanne Windsor-Liscombe

A reading from the first letter of Paul to the Corinthians

Now concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed. You know that when you were pagans, you were enticed and led astray to idols that could not speak. Therefore I want you to understand that no one speaking by the Spirit of God ever says "Let Jesus be cursed!" and no one can say "Jesus is Lord" except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one

and the same Spirit, who allots to each one individually just as the Spirit chooses.

Hear what the Spirit is saying to the church.

Thanks be to God.

All stand for the Gospel

GOSPEL ACCLAMATION

Raise a song of gladness, peoples of the earth.

Christ has come, bringing peace, joy to every heart.

Alleluia, alleluia, joy to every heart!

Alleluia, alleluia, joy to every heart!

THE HOLY GOSPEL

JOHN 2:1-11

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Jesus Christ.

On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. Jesus and his disciples had also been invited to the wedding. When the wine gave out, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, what concern is that to you and to me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now standing there were six stone water jars for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, "Fill the jars with water." And they filled them up to the brim. He said to them, "Now draw some out, and take it to the chief

steward." So they took it. When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom and said to him, "Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now." Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

GOSPEL ACCLAMATION

Raise a song of gladness, peoples of the earth.

Christ has come, bringing peace, joy to every heart.

Alleluia, alleluia, joy to every heart!

Alleluia, alleluia, joy to every heart!

Please be seated.

SERMON

The Rev. Mark Munn

AFFIRMATION OF FAITH *(All stand)*

Let us confess our faith, as we say,

**We believe in God, the Source of Life,
by whom every being in heaven and earth
is created, named, and sustained.**

**We believe in God, the Living Word,
who restores us to relationship
and speaks to us through faith.**

**We believe in God, the Holy Spirit,
who comforts, guides, and strengthens us
to share the good news of grace.
We believe in God,
one, holy, undivided Trinity:
Source of Life, Living Word, Comforter:
Mystery. Amen.**

Please stand, sit or kneel as is your custom for prayer.

THE PRAYERS OF THE PEOPLE

Daniel Melvill-Jones

After the prayers, those who wish may gather in a circle around the altar.

THE PEACE

You shall go out in joy and be led back in peace;
the mountains and the hills before you shall burst into song,
and all the trees of the field shall clap their hands.
The peace of Christ be always with you.
And also with you.

The Peace of the Lord be always with you.

And also with you.

The people greet one another with signs of God's peace (a handshake, an embrace, or a nod and wave are all appropriate signs). Please remain standing.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN Jesus, Come, for We Invite You

CP 437

Please remain standing until communion.

THE HOLY COMMUNION

PRAYER OVER THE GIFTS

Living God,
you have revealed your Son as the Messiah.
May we hear his word and follow it,
and live as children of light.
We ask this in the name of Jesus Christ the Lord.

THE GREAT THANKSGIVING

May God be with you

And also with you

Lift up your hearts

We lift them up to God

Let us give thanks to God our Creator

It is right to give our thanks and praise.

It is right in all times and in all places
to thank and praise you Creator of all.

We praise you here where the Fraser River meets the Salish Sea,
where city and farm, wilderness and industry are side by side.

We praise you at a time when the body of earth
is broken again and again.

We give thanks for our place in the story of salvation.
Our ancestors journeyed with you
in creation and migration.
They depended on the land,
were displaced from the land and
displaced others from their lands.
They knew you in tents and cities, on mountains and by wells,
in families and in dreams,
and through wilderness prophets who spoke of cedars
and listened to ravens.

Together with angels and ancestors,
orca and salmon, bear and raven, salal and cedar
we join our voices with all creation in this ancient honour song:

Holy, Holy, Holy Lord

CP 735

We give thanks to you for Jesus,
whose first bed was a feed trough.

He was baptized in the Jordan, tested in the wilderness,
he traveled in fishing boats and told parables of farmers and
seeds, labour and wages, yeast and bread.

On the night before he died, Jesus took bread,
food of the poor, the work of field and hearth,
he gave thanks, broke it and gave it to his friends saying:
Take and eat, this is my body, given for you,
do this to remember me.

Again after supper he took the cup of wine,
fruit of the land, gave thanks and gave it to his friends saying:
This is my blood, which is shed for you.
When you do this, do it in memory of me.

Again after supper he took the cup of wine, fruit of the land,
gave thanks and gave it to his friends saying:
This is my blood, which is shed for you.
When you do this, do it in memory of me.

Remembering Jesus' life, death and resurrection
and awaiting his coming kingdom,
we offer you this bread and this cup.

Creator, send your Spirit on these gifts
so that we know Jesus in them and are gathered together
with everyone who shares this sacred meal of justice and
community.

Fill us with the courage and love of Jesus,
that we may strive for justice and peace,
Respect the dignity of every human being,
and safeguard the integrity of creation.

Bring us with St. Helen and all your saints to your commonwealth of
sparrow and lily,
child and beggar which is both now and yet to come.

All honour and glory are yours,
Creator, Christ and Spirit, now and forever.
Amen.

THE LORD'S PRAYER

As our Saviour taught us, let us pray,
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.

THE BREAKING OF THE BREAD

We break the bread of life, and that life is the light of the world.
God here among us, light in the midst of us,
Bring us to light and life.

INVITATION TO HOLY COMMUNION

These are the gifts of God for all God's people.

Thanks be to God

Lamb of God

CP 747

COMMUNION HYMN We Who Live by Sound and Symbol

CP 69

Come and Fill Our Hearts

CP 402

All stand.

PRAYER AFTER COMMUNION

The Lord be with you.

And also with you.

God of glory,

you nourish us with bread from heaven.

Fill us with your Holy Spirit,

that through us your light may shine in all the world.

We ask this in the name of Jesus Christ. **Amen.**

DOXOLOGY

Glory to God,

whose power, working in us,

can do infinitely more than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus, for ever and ever.

Amen.

BLESSING

Life is short,
and we do not have much time
to gladden the hearts of those who travel the way with us.
So be swift to love,
make haste to be kind,
and may the blessing of God Almighty
The Father, the Son and the Holy Spirit
be among you and remain with you
and those you love, now and forever.
Amen.

DISMISSAL

Thanks be to God.
Amen.

RECESSIONAL HYMN Thee Will I Love, My Strength, My Tower CP 441

*Please be seated for the postlude. The community disperses in silence.
In respect of those who may linger in contemplation, conversation is reserved for the
narthex.*

Neighbourhood Ministry Shopping List for this Week

St. Helen's is one of four parishes in the West Point Grey neighbourhood supporting this important ministry to provide conversation, food, essential supplies, and other forms of care to our street-involved neighbours. Once a month our parish prepares food and packets of essential supplies for a team of volunteers to distribute on their rounds on Saturday mornings.

The Ministry has compiled a list of essential items to include in their packets. We are grateful for the donations of supplies we receive on a regular basis. This month we would especially appreciate donations of **men's socks, cans of tuna (with pull tabs), and Boost or Ensure.**

Other staples needed on a regular basis include: Juice boxes, Fruit or pudding cups.

Donations can be placed in the NM bins under the table in the narthex.

We would also appreciate volunteers to prepare sandwiches and/or boiled eggs for **the February 15 and March 15** outings.

If you have questions or would like to volunteer, please email Shawn at deraaf@gmail.com.

We appreciate your support for our neighbours in need!

Pastoral Offices at St. Helen's:

St. Helen's offers support and care for people during significant moments in their lives.

Pastoral offices at St. Helen's include:

- **Baptisms:** Welcoming and forming individuals new to the Christian faith.
- **Marriages:** Celebrating and blessing two loving adults entering into marriage as an expression of their Christian vocation.
- **Funerals:** Honouring the life of a person who has died, offering comfort to the bereaved, and commending the deceased to God's care.
- **Confirmation:** Deepening individuals' commitments to Christ and their baptismal vows, including the laying on of hands by the Bishop.
- **Reaffirmation of Faith:** A way for someone to renew their commitment to their faith.
- **Anointing for Healing:** Offering prayer and the sacrament of anointing with oil for physical, emotional, or spiritual healing.
- **Blessings:** Such as house blessings, milestone blessings, or blessings for new endeavors.
- **Contemplative Prayer:** Opportunities for stillness, reflection, and deepening your connection with God in silence and simplicity.
- **Prayer:** Praying with and for individuals, families, and the community in times of

celebration, challenge, or need.

- **Visitations:** Personal visits to homes, hospitals, care facilities, or other settings to offer prayer, companionship, and support, especially for those unable to attend church in person.
- **Pastoral Care:** Providing emotional and spiritual support through listening, prayer, and guidance in times of joy, difficulty, or discernment.
- **Discernment Groups:** Small groups offering prayerful support and guidance for individuals seeking clarity in their faith journey, life decisions, or sense of calling—whether it's to ordination, a new vocation, or other significant life choices.

These pastoral services are here for you. If you'd like to learn more or arrange for any of these, please don't hesitate to reach out to Reverend's Mark or Jeffrey.

How to Contribute to St. Helen's Financially

If you'd like to contribute financially to our shared congregational life and mission here at St. Helen's, you can:



- Use one of the envelopes available at the back of the church by the offering plate for cheques or cash
- Scan the QR code at left to contribute via credit card or Apple Pay
- Visit our website (pointgreyanglican.com/pages/give) to contribute via credit card or PayPal
- Set up a Pre-Authorized Donation (PAD). To do this, please reach out to our Envelope Secretary, Monica O'Brien via our office (sthelenswpg@gmail.com).