

Second Sunday in Lent
March 16, 2025



St. Helen's
Anglican Church of Canada
Diocese of New Westminster

GATHERING IN GOD'S NAME

All stand

OPENING HYMN The God of Abraham Praise

CP 347

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

As we gather, we acknowledge with respect and gratitude
our presence on the traditional, ancestral and unceded lands
of the Musqueam People.

CONFESSION

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners and invites them to his table.

Let us confess our sins, confident in God's forgiveness.

Silence for confessions is kept.

God of all mercy,
**we confess that we have sinned against you,
 opposing your will in our lives.**
**We have denied your goodness in each other,
 in ourselves, and in the world you have created.**
**We repent of the evil that ensnares us,
 the evil we have done,
 and the evil done on our behalf.**
**Forgive, restore, and strengthen us
 through our Saviour Jesus Christ,
 that we may abide in your love
 and serve only your will. Amen.**

THE ABSOLUTION

Almighty God have mercy on you,
 forgive you all your sins through the grace of Jesus Christ,
 strengthen you in all goodness,
 and by the power of the Holy Spirit
 keep you in eternal life.
Amen.

KYRIE ELEISON

Cantor; All repeat

Ký - ri - e, e - lé - i - son. Chri - ste, e -
 Lord, _____ have mer - cy. Christ, _____ have

lé - i - son. mer - cy. Ky - ri - e, e - lé - i - son.
 Lord, _____ have mer - cy.

COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Almighty God,
whose Son was revealed in majesty
before he suffered death upon the cross,
give us faith to perceive his glory,
that being strengthened by his grace
we may be changed into his likeness, from glory to glory;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Please be seated.

THE LITURGY OF THE WORD

FIRST READING GENESIS 15:1-12, 17-18 Suzanne Windsor-Liscombe

A reading from the book of Genesis

After these things the word of the Lord came to Abram in a vision, "Do not be afraid, Abram, I am your shield; your reward shall be very great." But Abram said, "O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?" And Abram said, "You have given me no offspring, and so a slave born in my house is to be my heir." But the word of the Lord came to him, "This man shall not be your heir; no one but your very own issue shall be your heir." He brought him outside and said, "Look toward heaven and count the stars, if you are able to count them." Then he said to him, "So shall your descendants be." And he

believed the Lord; and the Lord reckoned it to him as righteousness. Then he said to him, "I am the Lord who brought you from Ur of the Chaldeans, to give you this land to possess." But he said, "O Lord God, how am I to know that I shall possess it?" He said to him, "Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtledove, and a young pigeon." He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away. As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him. When the sun had gone down and it was dark, a smoking fire pot and a flaming torch passed between these pieces. On that day the Lord made a covenant with Abram, saying, "To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates."

Hear what the Spirit is saying to the church.

Thanks be to God.

Psalm 27



God is my light and my salvation; whom then shall I fear?
God is the strength of my life; of whom then shall I be afraid?
When evildoers came upon me to eat up my flesh,
it was they, my foes and my adversaries, who stumbled and fell. R.

Though an army should encamp against me,
yet my heart shall not be afraid;
And through war should rise up against me,
yet will I put my trust in you.
One thing have I asked of you, O God; one thing I seek;
that I may dwell in your house all the days of my life;
to behold your fair beauty, O God
and to seek you in your temple. R.

For in the day of trouble you will keep me safe in your shelter;
you will hide me in the secrecy of your dwelling
and set me high upon a rock.
Even now you lift up my head above my enemies round about me.
Therefore I will offer in your dwelling and oblation
with sounds of great gladness;
I will sing and make music to my God. R.

Hearken to my voice, O God, when I call;
have mercy on me and answer me.
You speak in my heart and say, "Seek my face."
Your face, O God, will I seek.
Hide not your face from me,
nor turn away your servant in displeasure. R.

You have been my helper; cast me not away;
do not forsake me, O God of my salvation.
Though my father and my mother forsake me,
the Most High will sustain me.
Show me your way, O God;
lead me on a level path, because of my enemies.
Deliver me not into the hand of my adversaries,
for false witnesses have risen up against me,
and also those who speak malice. R.

What if I had not believed
that I should see the goodness of God in the land of the living!
O tarry and await God's pleasure;
be strong and your heart shall be comforted;
wait patiently for God. R. **R.**

A reading from the letter of Paul to the Philippians

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

Hear what the Spirit is saying to the church.

Thanks be to God.

All stand for the Gospel

GOSPEL ACCLAMATION



Glo-ry to you, O Word of God, Lord____ Je - sus Christ!
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God.



Glo-ry to you, O Word of God, Lord____ Je - sus Christ!
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God.

*Choir: Your words, Lord, are Spirit and life;
You have the words of everlasting life.*

THE HOLY GOSPEL

LUKE 13:31-35

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Jesus Christ.

At that very hour some Pharisees came and said to Jesus, "Get away from here, for Herod wants to kill you." He said to them, "Go and tell that fox for me, 'Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed outside of Jerusalem.' Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, 'Blessed is the one who comes in the name of the Lord.'"

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

GOSPEL ACCLAMATION



Glo-ry to you, O Word of God, Lord ____ Je - sus Christ!
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God.

Glo-ry to you, O Word of God, Lord ____ Je - sus Christ!
Glo-ry to you, Lord Je - sus Christ, Son of the liv - ing God.

Please be seated.

SERMON

The Rev. Harold Munn

AFFIRMATION OF FAITH (*All stand*)

Let us confess our faith, as we say,

**We believe in God, the Source of Life,
by whom every being in heaven and earth
is created, named, and sustained.**

**We believe in God, the Living Word,
who restores us to relationship
and speaks to us through faith.**

**We believe in God, the Holy Spirit,
who comforts, guides, and strengthens us
to share the good news of grace.**

**We believe in God,
one, holy, undivided Trinity:
Source of Life, Living Word, Comforter:
Mystery. Amen.**

Please stand, sit or kneel as is your custom for prayer.

THE PRAYERS OF THE PEOPLE

Hepsi Chand

After the prayers, those who wish may gather in a circle around the altar.

THE PEACE

You shall go out in joy and be led back in peace;
the mountains and the hills before you shall burst into song,
and all the trees of the field shall clap their hands.

The Peace of the Lord be always with you.

And also with you.

The people greet one another with signs of God's peace (a handshake, an embrace, or a nod and wave are all appropriate signs). Please remain standing.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN Now Let Us All with One Accord

CP 172

Please remain standing until communion.

THE HOLY COMMUNION

PRAYER OVER THE GIFTS

God of wisdom,
may the light of the eternal Word,
our Lord and Saviour Jesus Christ,
guide us to your glory.

We ask this in his name. **Amen.**

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right that we should praise you,
gracious God, for you created all things.

You formed us in your own image:

male and female you created us.

When we turned away from you in sin,

you did not cease to care for us,

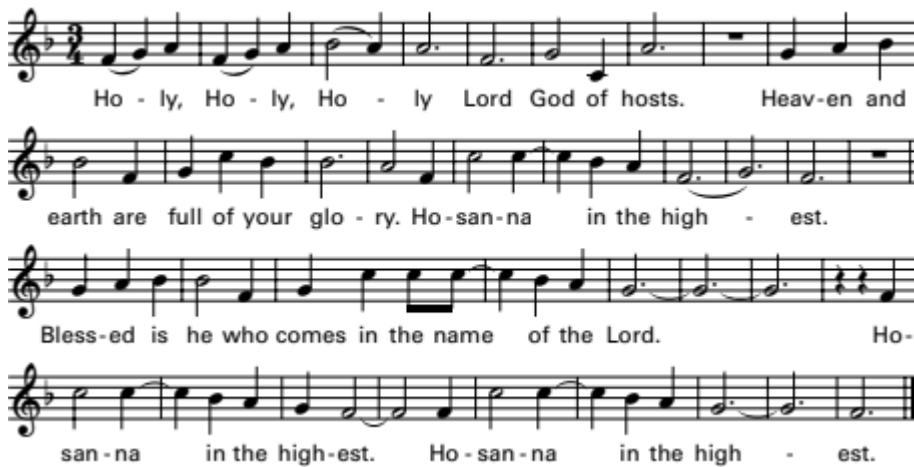
but opened a path of salvation for all people.

You made a covenant with Israel,

and through your servants Abraham and Sarah

gave the promise of a blessing to all nations.

Through Moses
you led your people from bondage into freedom;
through the prophets
you renewed your promise of salvation.
Therefore, with them,
and with all your saints who have served you in every age,
we give thanks and raise our voices
to proclaim the glory of your name.



Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and
earth are full of your glo - ry. Ho-san-na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho-
san-na in the high-est. Ho-san-na in the high - est.

Holy God, source of life and goodness,
all creation rightly gives you praise.
In the fullness of time,
you sent your Son Jesus Christ, to share our human nature,
to live and die as one of us, to reconcile us to you,
the God and Father of all.
He healed the sick
and ate and drank with outcasts and sinners;

he opened the eyes of the blind
and proclaimed the good news of your kingdom
to the poor and to those in need.
In all things he fulfilled your gracious will.

On the night he freely gave himself to death,
our Lord Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his disciples, and said,
“ Take, eat: this is my body which is given for you.
Do this for the remembrance of me.”
he broke it, and gave it to his disciples,
and said, “ Take, eat: this is my body which is given for you.
Do this for the remembrance of me.”

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them, and said, “Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Gracious God,
his perfect sacrifice destroys the power of sin and death;
by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come again.

Recalling his death,
proclaiming his resurrection,
and looking for his coming again in glory,
we offer you, Father, this bread and this cup.
Send your Holy Spirit upon us and upon these gifts,
that all who eat and drink at this table
may be one body and one holy people,
a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit,
all glory is yours, almighty Father, now and for ever.
Amen.

THE LORD'S PRAYER

As our Saviour taught us, let us pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever.**

Amen.

THE BREAKING OF THE BREAD

We break this bread
to share in the Body of Christ.

**We who are many are one body,
for we all share in the one bread.**

INVITATION TO HOLY COMMUNION

These are the gifts of God for all God's people.

Thanks be to God.

Lamb of God

Lamb of God, you take a - way the sins of the world, have mer - cy,
have mer - cy on us. world, grant us, grant us peace.

COMMUNION HYMN Jesus, Joy of Our Desiring

CP 514

Be Thou My Vision

CP 505

All stand.

PRAYER AFTER COMMUNION

The Lord be with you.

And also with you.

**Creator of heaven and earth,
we thank you for these holy mysteries,
which bring us now a share in the life to come,
through Jesus Christ our Lord. Amen.**

DOXOLOGY

Glory to God,
**whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

BLESSING

May God the Father,
who has made us his children in Christ,
give you grace to grow in faith and love.
May Jesus, who fasted forty days in the wilderness,
give you strength to overcome temptation.
May the Holy Spirit,
who leads us into all truth,
grant you wisdom and peace.
And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be upon you and remain with you always. **Amen.**

DISMISSAL

Go in peace to walk in the way of the cross.
Thanks be to God!

RECESSIONAL HYMN Lead Us, Heavenly Father, Lead Us

CP 564

*Please be seated for the postlude. The community disperses in silence.
In respect of those who may linger in contemplation, conversation is
reserved for the narthex.*

Neighbourhood Ministry Shopping List for this Week

St. Helen's is one of four parishes in the West Point Grey neighbourhood supporting this important ministry to provide conversation, food, essential supplies, and other forms of care to our street-involved neighbours. Once a month our parish prepares food and packets of essential supplies for a team of volunteers to distribute on their rounds on Saturday mornings.

The Ministry has compiled a list of essential items to include in their packets. We are grateful for the donations of supplies we receive on a regular basis. This month we would especially appreciate donations of **men's socks, cans of tuna (with pull tabs), and Boost or Ensure**. Other staples needed on a regular basis include: Juice boxes, Fruit or pudding cups.

Donations can be placed in the NM bins under the table in the narthex.

We would also appreciate volunteers to prepare sandwiches and/or boiled eggs for **the March 15** outing.

If you have questions or would like to volunteer, please email Shawn at deraaf@gmail.com.

We appreciate your support for our neighbours in need!

Tax Receipts on the way

The 2024 tax receipts were sent out this week. If you think you should have received one, but didn't, it's likely because we do not have your mailing address. Please email the office sthelenswpg@gmail.com to ensure the church has this information. The Envelope Secretary can then email or mail your receipt to you. Please note that tax receipts must include the donor's mailing address, even if the receipt is emailed.

Thank you for your generous support of St. Helen's and its ministries!

How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

1. Set up a Pre-Authorized Donation - simply send an email to sthelenswpg@gmail.com to get started or change your amount
2. Scan the QR code to the right or visit sthelensvancouver.com/give to donate via credit card
1. Use one of the envelopes available at the back of the church or the offering plate to donate via cheques or cash

